



Barbican Association NEWSLETTER

www.barbicanassociation.com

October 2011

Roadworks – and more

You can't go anywhere in central London these days without coming up against blocked off roads, and hoardings. If it is not the Olympics, it's Thameslink, and if it's not Thameslink, it's Crossrail – and it's about to get worse.

Since the last newsletter the BA has had two meetings with Crossrail, and two developments on our doorstep are showing signs of movement.

Crossrail

There's a full report on Crossrail's presentation on the results of their assessment of the risk of ground settlement due to their tunnelling operations under the estate on www.barbicanassociation.com, but essentially they explained:

• The big risks of settlement disappeared when Crossrail decided not to build a cross-over cavern under the Barbican estate. That meant there would be much less ground movement.

• Crossrail has assessed the whole estate but produced reports only for buildings that fall within the 10 mm settlement contours (the area around the path of the tunnel that might be subject to movement of up to 10 mm).

• These are: Shakespeare, Willoughby and Speed, John Trundle and Bunyan, Lambert Jones, Lauderdale, Defoe, Gilbert, Andrewes, and Brandon Mews.

• None of these get a score above 1 ("very slight cracks, easily treated during normal

re-decoration"). And Defoe, Lambert Jones, Andrews, Brandon, and Willoughby and Speed get a score of 0 ("negligible").

• Crossrail's conclusion is that "no significant settlement impacts are predicted." Crossrail will, however, conduct baseline inspections before the tunnels come under the estate and will monitor settlement for some time afterwards. Crossrail will also rectify any problems that do arise.

The house group chairs of those houses/towers that have reports have copies and a set of the reports is also in the Barbican library for reference.

More recently Crossrail brought the contractors digging the Moorgate shaft to explain their method of working and why they had applied for permission to work out of normal working hours for some periods during 2012-13. Some of their operations – pouring concrete walls, removing piles, inserting new piles – need to be done continuously, but the contractors wanted to emphasise that the work out of hours would not be noisy: no cutting, drilling, or demolishing, and they won't be working 24 hours a day for seven days a week. They described the measures they take to mitigate noise – acoustic barriers between the shaft and the estate, using "quiet" equipment, and continuous monitoring; they also emphasised that most of the work will be done well below ground level. We've sent a series of questions back to them and asked for the usual advance information of what is happening when, a phone number of someone with clout on the site for complaints, and regular meetings to discuss issues and negotiate changes in timing if necessary.

I expect there will be more on this in future newsletters, but I also suspect that the Moorgate out of hours work is likely to affect us less than work in working hours on buildings that are closer to us.

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CHAIR'S CORNER



Fire crew from Dowgate Fire Station at the Barbican offering residents a home safety visit and a free smoke alarm. To arrange a visit call 08000 28 44 28 or email smokealarms@london-fire.gov.uk.



THE BARBICAN ASSOCIATION

Officers

Chair	Jane Smith, 307 Seddon House	7628 9132
Deputy Chair	Tim Macer, 603 Willoughby House	7628 7107
Secretary	Robert Barker, 33 Lauderdale Tower	7588 3694
Treasurer	Cliff Paice, 142 Cromwell Tower	7628 5228
Membership Secretary	Gaby Robertshaw, 706 Bryer Court	07802 535555
Auditor	Richard Godber, Defoe House.	

Sub Committees

Planning	Randall Anderson 193 Shakespeare Tower	7588 9360
Licensing	David Graves, 209 Seddon House	7628 4371
Communications	Angela Starling, 502 Gilbert House	7638 8201
Barbican Estate Security	David Bradshaw, 143 Cromwell Tower	7638 3005
Sustainability	Sarah Hudson, 192 Shakespeare Tower	7628 5377
Roofs and Access, Public lifts, and Walkways	Robert Barker, 33 Lauderdale Tower	7588 3694
Environment and Ecology	Steve Quilter, 49 Andrewes House	7496 0562

Elected General Council Members

Randall Anderson, Robert Barker, David Bradshaw, David Graves, Tim Macer, Steve Quilter, Jane Smith, Angela Starling, Dafne Ter-Sakarian

House Group Representatives

Andrewes House *	Mark Cossey	32 Andrewes House	7638 9227
Ben Jonson House *	Chris Punter	543 Ben Jonson House	7638 0571
Brandon Mews	John Bailey	8 Brandon Mews	7588 2954
Breton House	Peter Withrington	14 Breton House	7638 0153
Bryer Court	John Taysum	701 Bryer Court	07768 737131
Bunyan Court	Gordon Griffiths	312 Bunyan Court	7588 2900
Cromwell Tower *	John Tomlinson	133 Cromwell Tower	7628 3657
Defoe House *	Garth Leder	85 Defoe House	7638 7998
Frobisher Crescent	Nigel Dixon	703 Frobisher Crescent	7256 8429
Gilbert House *	Nigel Walmsley	211 Gilbert House	7638 2030
John Trundle Court *	Janet Wells	14 John Trundle Court	7628 8602
Lambert Jones Mews	Richard Collins	4 Lambert Jones Mews	7588 0512
Lauderdale Tower *	Alberto Garciga	151 Lauderdale Tower	07711 068865
Mountjoy House *	Gillian Laidlaw	309 Mountjoy House	7638 0069
Seddon House *	Jane Smith	307 Seddon House	7628 9132
Shakespeare Tower *	Pat Spicer	272 Shakespeare Tower	7638 9649
Speed House *	Mike Hayes	7 Speed House	7256 6001
Thomas More House *	Philip Sharples	24 Thomas More House	7638 5453
Wallside *	Mary Bonar	6 Wallside	7588 0191
Willoughby House*	Simon Ebbins	501 Willoughby House	7628 6581

* *Recognised Tenants Association*

Communications Group

Angela Starling	502 Gilbert House	7638 8201	angela.starling@cityoflondon.gov.uk
Jane Smith	307 Seddon House	7628 9132	chairba@btinternet.com
Maggie Urry	13 Lauderdale Tower	7588 1955	maggierry@gmail.com
Gillian Laidlaw	309 Mountjoy House	7638 0069	g.laidlaw309@btinternet.com
Lawrence Williams	5 Brandon Mews	7588 0898	barbicanlife@aol.com
Geoffrey Rivett	173 Shakespeare Tower	7786 9617	geoffrey@rivett.net

Roadworks – and more

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South east

The old telephone exchange in Moorfield is about to be demolished, and the developers and demolition contractors have been in touch to set up the usual meetings. Hammerson have also been in touch over the St Alphage site. Hammerson don't yet have a tenant for their main building and won't start work until they do. But once they have a tenant they want to demolish St Alphage House and start building as soon as possible. Both Hammerson and MGPA, the developer of the telephone exchange, have separately hired GIA, a surveying consultancy, to do pre-condition surveys of the area around their sites, so some residents in Willoughby, Andrewes, the Postern, and Wallside are likely to be receiving letters from GIA asking to come and inspect their flats. This is a precaution

on the part of the developers – it gives them (and the resident) a baseline against which they can assess any damage caused by their works – though both will say, of course, that they don't expect any damage to be so caused. Indeed, the "damage" is more likely to be from the general disruption of living next to a building site.

Planning framework

In the meantime a small BA team has been putting in a response to the next round of the City's consultation on its planning framework for the next 10 years or so. The Core Strategy has now been approved, and the next stage is considering what further policies are needed to



Jane Smith
chairBA@btinternet.com

CHAIR'S CORNER

supplement that strategy. The BA has argued for a series of detailed policies designed to protect residential amenity.

Since the estate is now almost entirely surrounded by big buildings, this activity does feel like shutting the stable door after the horse has bolted. But they say that the life of a City office block is only 25 years – so it may help our successors.

Golden Lane Leisure Centre reopening under new management

A new management company has been appointed to run the Golden Lane Leisure Centre when it reopens in January. Fusion, a social enterprise company, has been awarded a 10 year contract by the Corporation to operate the centre and to be responsible for promoting sport in the City.

At a well attended meeting, Fusion's Director of Business Development Tim Mills introduced the company to residents from the Barbican and Golden Lane estates. He promised to take local people's interests into account when setting prices and the programme of classes and activities in the centre. He said by the end of October a plan would be in place for the pricing structure and further meetings in the weeks ahead would give residents a chance to comment and make suggestions.

He said Fusion's aim was to offer a high quality service and to foster good community relations. There would be a choice of membership or "pay-as-you-play" prices, with concessions for residents. Prices would "encourage access and participation" for all members of the community, "we will not allow price to be a barrier," he promised.

Activities on offer would include both traditionally popular ones, such as keep fit and yoga, and newer ones such as Zumba. Provision would be made for those groups which had previously had bookings at the centre such as schools and clubs.

Aside from the centre, Fusion would also build on the City's existing sports development work including Young at



Cartwright Pickard Architects' design for the new entrance to Golden Lane Leisure Centre

Heart and City Masters, with a wide range of events and activities.

Brian Brierley, of the City Surveyor's Department, told residents that work was ahead of schedule and should be completed by Christmas if current progress continued. That would enable Fusion to reopen the centre in early January.

The old single glazing had been replaced with double glazing, and the roof recovered, which would improve thermal efficiency, giving a "brighter, warmer environment," Mr Brierley said. A plan to put solar panels on the roof had been approved. The old club rooms had been turned into a gym, Mr Mills said, which will have a range of equipment including cardio and resistance machines, free weights and a stretch area. Classes would take place in a new dance studio, while the sports hall, pool and changing rooms had been refurbished.

Mr Mills said Fusion had been set up in 2000, originally to operate leisure centres for Southwark council. It now worked for 15 councils and other bodies. These stretch from Oxford to Tunbridge Wells, and total more than 50 facilities. The company is a registered charity, and has built up central reserves of £5m. He said it was a secure and stable business, and "we are here for the long term".

Maggie Urry

Obituary Dr Ian Fraser

Dr Ian U Fraser of 18 Breton House passed away in Barts Hospital on 1st September 2011 after a short illness, aged 85.

He was one of the original residents of Breton House, having moved in during the late 1970's.

After working in hospitals in Paris, Essex and Hampstead, he became a highly regarded lecturer at Barts Medical College, (later the Barts and London School of Medicine and Dentistry), and coached many students through their exams. Their continuing work in the medical profession stands as a lasting tribute to his skills, patience and encyclopedic knowledge of anatomy and medicine.

Many older residents will also remember him for the weekend locum work he undertook for Dr George Sturrock at his medical practice on Wallside.

Ian was a very private man, but he was also very compassionate and a great listener. He will be missed by all of us who were lucky enough to know him.

John Whitehead

Barbican Residents Property Survey

A better understanding of how to control flat temperatures through trimmers and fuses could make significant energy savings and cut service charges, study suggests

Earlier this year Barbican residents took part in a survey to assess their satisfaction with their homes and to investigate potential strategies to improve energy efficiency and sustainability across the estate. The project was carried out as part of an ongoing collaboration between the Barbican Association Sustainability Group (BASG), the BEO, the UCL Energy Institute and the UCL Bartlett School of Graduate Studies. Thank you again to all those who

participated in the study; your invaluable help is very much appreciated.

Results of the survey

The results have now been collated and analysed. The Barbican appears to be performing extremely well, scoring highly for both comfort and satisfaction. Barbican residents are very forgiving of specific areas of discomfort, preferring to focus on their overall enjoyment of the buildings. 69% of

you answered that living at the Barbican had changed your lifestyle, with the accompanying comments suggesting that these changes are largely positive. The design of Barbican buildings is popular with residents: location, layout and meeting of needs scored exceptionally highly, and space and appearance were also rated well above satisfactory.

The main areas of dissatisfaction are the lack of heating and noise control, perceived

Museum of London: centre of excellence for sustainability measures

A small group of intrepid Barbican residents last month scaled the roof of the Museum of London and tasted honey from its bee hive, while investigating the institution's efforts to increase the building's sustainability. The tour, led by Gavin McCourt, project manager at the museum, was organised by members of the BA's Sustainability group. It demonstrated some of the methods that could be adopted by buildings such as the Barbican Estate to save money and improve sustainability.

The group ascended to the roof by means of a builders' hoist, and Mr McCourt showed us how the museum is developing a series of green roofs and planted areas. It is trialling different systems, Mr McCourt said, "to see what works and what doesn't". The museum aims to become a centre of excellence, enabling other institutions to learn from its experience.

On the roofs a variety of plants have been used include sedums, wildflowers and grasses. Mr McCourt has plans for a shady section with bluebells, areas for orchids, heathland and coastal plants. The courtyard garden, which is accessible to visitors, has a wildflower area, where the bee hive is placed. Outside the staff offices a hedgerow of British native species has been planted. Mini-allotments are planned for staff to 'grow their own'. Another plan is to develop areas of green walls, including on the roundabout on the corner of Aldersgate Street and London Wall.



Gavin McCourt demonstrates one green roof system – the plastic reservoir holds soil and water

Green roofs alleviate the problem of excess rainwater in storms. London's drains are frequently overwhelmed by heavy rain, causing sewage to be discharged into the Thames. The roofs can also save the museum money by acting as insulation and doubling the life of the

roofing felt as it is protected from sunlight.

The Museum is also investigating a new photovoltaic mat which can be laid on flat, instead of sloping, roofs. Further ahead, new types of glass which capture the sun's energy could also be installed.

A newly-installed rainwater harvesting system should also save money. The drainpipes feed rainwater into a tank located under the rotunda – the circular area outside the Museum's entrance, with a lawn which is also a green roof – and filtered into a second tank, holding 25,000 litres, before being used to flush toilets and irrigate planters. The system cost £200,000 to install and the Museum is assessing how quickly the investment pays off. This will provide the basis for advising other museums on installing similar systems.

Another plan Mr McCourt is working on is to cover the Museum's original, now rather grubby, external white tiles with panels of tiles which will look new and provide a layer of insulation. A small test area above the Museum's staff entrance is visible from the John Wesley highwalk near Ironmonger Hall. The extra insulation should generate savings, while improving the building's appearance.

Mr McCourt stressed that all the projects are not a matter of "tree-hugging" but would produce significant savings, especially if energy costs continue to rise at 15% a year. Many thanks to Mr McCourt for a fascinating tour.

Maggie Urry

dry air throughout the year and variable internal temperatures during winter. In short, air quality and heating are causing you the most concern. That the perceived level of heating control is especially poor is unsurprising, given the lack of thermostats or other control mechanisms. The issue of heating control appears to be particularly important, as it was mentioned by 52% of residents, compared to only 13% for the next most frequently mentioned variable, ventilation control.

Perception of external air quality, which is an ongoing concern of the BASG, is also poor, with over half of responses falling on the 'unsatisfactory' side of the scale. 8% of the sample believes that they suffer from a medical condition exacerbated by poor air quality. That suggests as many as 300-400 of the Barbican's 4,000 occupants, which includes many elderly residents, could be adversely affected by poor local air quality. Half of the sample said they would be interested in household energy-use monitoring, suggesting that environmental awareness in the Barbican is high, and that making energy-use monitors available to residents could be an effective strategy to improve the environmental performance of the site.

Almost half of you disagreed with the statement 'I know how to change the hot water thermostat and to reduce heating through trimmers or removal of fuses'. This implies that there is plenty of scope to improve awareness about how trimmers can be adjusted to increase or decrease the charge entering each flat, thereby regulating the heating, and how fuses can be removed to turn off parts of the circuit, for example if a bedroom is too hot compared with the living room.

Open windows waste energy

Somewhat alarmingly, 89% of the residents who completed the questionnaire are using the windows to control the heating. This is of

great concern: such behaviour results in heat loss from the building, wasting energy and increasing heating bills for all residents in that block. Further, winter window opening is likely to frustrate those residents who feel too cold yet are forced to pay for other people's wasted heat. Interestingly, only 81% of people who had adjusted their trimmers were also using windows to control the heating. Analysis of the data confirmed that a statistically significant number of people who use trimmers are less likely to open windows in winter.

The importance of this finding cannot be overstated. The results indicate that encouraging people to regulate their heating by using the trimmers and fuses would reduce the number opening the windows to control the temperature, with consequent reduction in energy consumption and associated CO₂ emissions. In addition, an optimised heating system would be considerably cheaper to run. As the heating costs are split equally between residents, all stand to benefit from reduced bills for each flat heated more efficiently.

Promoting trimmer use would return an element of heating control to residents, something that the study suggests would be welcome. We recommend testing the potential effectiveness of this suggestion by undertaking a 'pilot study' to investigate what impact trimmer regulation might have, measuring satisfaction, thermal comfort and energy use both before and after residents adjust their heating settings.

Carrie Behar

For any questions or comments regarding this work please contact Carrie [carrie.behar@ucl.ac.uk]. Carrie is a PhD student at the UCL Energy Institute. This project was undertaken as part of an EPSRC-funded Centre for Doctoral Training in Energy Demand Reduction and the Built Environment, and forms the basis of her Masters dissertation thesis [MRes Energy Demand Studies], supervised by Dr Ian Ridley.

The City moves north, and left?

The City of London is moving. No, not some shift in the tectonic plates, but the result of the review of parliamentary constituencies carried out by the Boundary Commission. The review proposes to separate the City of London from the City of Westminster, and shift its 5,933 electors, including those in the Barbican, into the Islington South and Finsbury constituency. That would be renamed The City of London and Islington South.

If approved, the change would end the parliamentary tie between the two Cities which has existed since 1950. The Commission is due to complete the review by 2013, and changes will take effect at the next general election. The

aim is to reduce the number of MPs by 50 to 600, and to ensure each constituency has roughly the same number of voters.

While the Cities of London and Westminster constituency has long been a safe Conservative seat, with Mark Field the current MP, Islington South has regularly elected Labour MPs, with Emily Thornberry the incumbent. However, other proposed changes to her constituency would take the Holloway area out of Islington South while adding in a couple of wards from Camden – King's Cross, and Holborn and Covent Garden. The new City of London and Islington South constituency is likely to be a more marginal one.

The Barbican Tuesday Club

The Barbican Tuesday Club is the oldest club in the Barbican. Started in the late 1970s, it was called the Daytime Club in the early days. The club is open to all Barbican residents; please come along – you will be warmly welcomed. We meet every Tuesday, bar holidays, at 2.45pm for 3pm in the community room, level 02, of Seddon House.

Tuesday 13th September: AGM

Tuesday 20th September: resident Gerald Hine will be holding a topical discussion for members

Tuesday 27th September: Kathy Wade from Guildhall will be talking about the work of the Guildhall covering activities for residents of the City

Tuesday 4th October: annual outing to Petworth House in Sussex

November: speaker to be arranged

Tuesday 6th December: Annual Christmas Party

The Club will close for the Christmas break, reopening on Tuesday 10th January 2012.

Special message from Audrey Ballard

"It is with great regret that, after over 25 years, I have decided to resign as Chairman of the Tuesday Club. I joined the Club in the early eighties and firstly served as treasurer becoming chairman in 1993. I will stay at the crease until the end of 2011 and then Denis and I are off on a round the world cruise starting on 6th January 2012 and finishing back at the Barbican on 30th April 2012.

I have thoroughly enjoyed running the Tuesday Club with the help of a very devoted committee and wish all members a very happy 2012 when Denis and I hope to rejoin them all in May 2012."

The Boundary Commission is inviting comments from the public, until December 5. Details can be found at www.consultation.boundarycommissionforengland.independent.gov.uk.

Maggie Urry

The City of London Police Museum needs you

Where is there a scale model of a Houndsditch jeweller's shop? In the City of London Police Museum – it was an exhibit at the trial of the gang charged with the murders of three City police officers in 1910, an episode that led to the famous Siege of Sidney Street. Visitors to the Museum, which is open on Wednesdays, can see its fascinating collection of memorabilia from our police force, and uncover the grisly stories of the City's criminal past – murders, assassinations, gun battles and all.

And if you are fascinated, could you find time to help Catherine Coulthard, the museum's curator? When you see how



Truncheons at the ready – City of London police from a former era

much is crammed into an inadequate space – uniforms, photographs, medals and badges, handcuffs and truncheons,

confiscated weapons, even the first police call box in London – you'll wish you could transform that corner of Wood Street Police Station into Dr Who's Tardis. Every exhibit has a City policing story to tell, but there is little room for the telling, and too little space to show the whole collection. If you'd like to help plan the bigger and better display that's desperately needed, please join City POMS – the City Police Museum Supporters. Catherine will be delighted to tell you more and invite you to the launch meeting. Contact: catherine.coulthard@cityoflondon.pnn.police.uk or phone 020-7601-2328.

Val Southon

SECURITY MATTERS



The newly appointed Commissioner of Police for the City of London, Adrian Leppard, arrived in January of this year and I was interested to read his thoughts and aspirations after his first 3 months in office as recorded in the City of London Police Annual Report, covering the period April 2010 to 31 March 2011.

He claims that his arrival in January came at a time of both great opportunity and great challenge: "opportunity as we look to consolidate our role as the national lead force for economic crime with the millions of records of data being collected by our National Fraud Intelligence Bureau enabling us to better understand the nature of fraud in order to prevent it, and also providing valuable intelligence to target organised crime groups.

Challenge as Government funding cuts present some very real financial constraints for the police service as a whole, with the City of London Police needing to reduce its budget by some 20% over the next 4 years".

Fortunately, however, he believes the force is in a strong position as it enters this challenging process. "The City is no longer the sleepy hollow that it once was, with successful bars, restaurants and shopping centres nestled beside the City's traditional financial institutions. Despite an increase in visitors, we have still seen a huge reduction in crime – 35% over the last 10 years. Through a comprehensive reorganisation we will aim to continue to deliver all of our policing services and be just as visible and successful in providing the service our diverse community expects of us."

He states that his vision for the future of the City of London Police Force continues to be to maintain the City as a safe place in which to live and work. The force will continue to develop the lead role it now

has in respect of economic crime and he is committed to working with associated partners to establish a national capability for preventing and investigating economic crime.

He says: "the City of London Police Force has not been successful by chance. We are a small force, where everyone has played their part and we have been strengthened by the long standing relationships we have built with the business sector. Forward thinking initiatives and partnership cohesion are central to ensuring that the City is the safest and best place in the World in which we do business. I look forward to building on these partnerships in the year ahead".

The Commissioner's report goes on to point out that communication is key to both identifying priorities and keeping the community updated on the force's progress in tackling them. The force holds regular community partnership meetings, including a supermarket based surgery at Waitrose in Whitecross Street (as previously reported) and this follows the successful surgery at Tesco's in Bishopsgate where surgeries are held on weekday lunchtimes.

Local Crime

With communication in mind, if you type a postcode into the www.police.uk website, you will be able to discover what crime and anti-social behaviour has been committed in a specific area. A look at City of London streets highlights the low level of crime in the City as a whole. Also provided are details about neighbourhood policing

teams, community meetings and the latest police news.

Residents and City workers can also sign-up to the community email to be kept up to date on the latest news, or follow Cycle Squad's Sergeant Anthony Wolfson on his successful citycyclecop Twitter feed.

In the year under review, more than 1,700 fixed penalty notices have been issued to cyclists for endangering the public as well as themselves through dangerous road use. Tackling illegal mini-cabs also remains a priority.

Among an impressive set of statistics I noted that total recordable crime was down year on year from 6,532 in 2009/10 to 6,374 in the year 2010/11; the possession of weapons had decreased in the same period from 45 to 30; the detection rate for economic crime was 83%; violence against a person or protection from harassment reduced from 62 to 45 and thefts from a person dropped year on year from 427 cases to 320 cases.

To conclude, I have chosen not to feature the recent riots as thankfully we were not affected here in the Barbican nor indeed in the Square Mile itself. The City of London Police Force, however, was involved in helping the Met and British Transport Police in other London areas and elsewhere.

David Bradshaw C.C.

Chairman, Barbican Estate Security Committee

Useful contact numbers

Barbican Police Office	020 7601 2456
Snowhill Police Station – Front Desk	020 7601 2406
General COLP switchboard (skateboarding)	020 7601 2222
Emergencies (landline)	999
Emergencies (mobile)	112
Anti-Terrorist Hotline	0800 789 321



**THE RECOGNISED ASSOCIATION REPRESENTING THE INTERESTS OF
BARBICAN RESIDENTS**

2011 MEMBERSHIP FORM

Barbican Address			
Mailing Address	Member type: Leaseholder / Corporation Tenant / Sub-tenant (please delete as appropriate)		
Names	1 2 3 4		
Telephone Nos		Fax	
E Mail			

Membership fee £7 if paying by cheque OR £5 if paying by STANDING ORDER: For addresses outside the Barbican add £3 for UK, £6 for Europe, £9 for rest of world to cover postage.

Membership cards: Membership cards are printed in batches either monthly or bi-monthly depending on the print run required

We would prefer you to pay by standing order. It saves our volunteers much time. Please complete the attached form. Alternatively send a cheque payable to 'Barbican Association' with your address on the back.

Please return this form to

Gaby Robertshaw, Membership Secretary, 706 Bryer Court, Barbican, London, EC2Y 8DE. E mail: gaby3@tiscali.co.uk

The Barbican Association keeps a database of the names, addresses, telephone numbers and e mail addresses of Association Members. Information from the database is used by our General Council and Affiliated House Groups for maintaining and increasing membership, distributing our publications, managing and reporting on our finances and accounts, and carrying out other objects of the Association. We also disclose information about our membership to the Corporation of London (including the Barbican Estate Office) in order to maintain their recognition of the Association. By becoming a member of the Association, you consent to the use of your information for these purposes.

STANDING ORDER

To	Bank	Branch Address
	Branch	

Bank	Branch Title	Sorting Code Number
Alliance & Leicester Commercial		72-00-05

For the credit of:

Beneficiary's Name	Account Number *	Quoting Reference
Barbican Association	97028605	

Commencing

Date of first payment	Amount of first payment if different	Amount in figures	Amount in words	Due date and frequency
	£	£		1 January annually

Date of last payment

Until further notice in writing or

and debit my/our account annually

Name of account to be debited	Sort Code	Account Number

This replaces my/our previous standing order for the transfer of

£

to the same account (cross out if not applicable)

Name(s)

Signature

BLOCK CAPITALS PLEASE

Address

Signature

Postcode

Date

BARBICAN ASSOCIATION DISCOUNT SCHEME

The Barbican Association has negotiated the following discounts with the suppliers below. You may need to present your BA Membership Card to take advantage of these. The scheme members offer discounts or incentives to Barbican Association members to buy their products or utilise their services and are publicised in each issue of Barbican Life Magazine, on the www.barbicanlife.com website and in the Barbican Association's quarterly newsletter for so doing. Contact Lawrence Williams on 020 7588 0898 – or by email at barbicanlife@gmail.com – for further information.

CURRENT SCHEME MEMBERS

FURNISHING

Alma Home 10% discount on furnishings. View at showroom at 8 Vigo Street, London W1S 3HN, or in Selfridges. See also website www.almahome.co.uk. Contact Tisha Richbell on 020 7377 0762 or by email: tisha.richbell@almahome.co.uk for further details.

Ligne Roset City 10% Discount on any Ligne Roset order placed outside of our Sale or Promotional periods. View a sample of Ligne Roset's extensive range on www.ligne-roset-city.co.uk or in person at 37-39 Commercial Road, London E1 1LF. Tel 0207 426 9670.

MILK Concept Boutique Small furnishings, contemporary hand-crafted lighting, collectable porcelain, fragrances, travel accessories and exclusive fashion labels can all be found relaxing in comfort amid the whitewash Victorian and petite elegance of The Clerk's House, beside Shoreditch church. BA Members offered discounts of 5% to 10% on all goods except Fornasetti. 118 1/2 Shoreditch High Street, London E1 6JN, Tel/Fax 0207 7299880

MyDreamKitchen 5% discount. Contact Spiro Nicholas, MyDreamKitchen, 708 Lea Bridge Road, London E10 6AW. Freephone 0800 018 5654. Email: spiro@mydreamkitchen.co.uk. Web: www.mydreamkitchen.co.uk

HEALTH AND BEAUTY

Barbican Acupuncture 10% discount off all prices listed on website to anyone presenting their BA card. 1 Wallside, Barbican, London, EC2Y 8BH. Tel: 020 7638 4322. Email: Gary@BarbicanAcupuncture.com Website: www.BarbicanAcupuncture.com

Barbican Dental Care 10% on all services including tooth whitening and revolutionary heal/Ozone treatment. Ground Floor, 80-83 Long Lane, London EC1A 9ET. Phone: 020 7600 4147. Contact Nikki Skews

Barbican Dental Practice 10% discount on procedures for BA members on production of their Membership Card. (5% discount for all Barbican residents). 1 Wallside, Barbican. Phone: 020 7638 8200 for appointment.

Bodymotion Chiropractic Clinic 15% discount on presentation of Barbican Association membership card. No. 1 Wallside, Barbican. Phone 020 7374 2272 for appointment. www.body-motion.co.uk

Cissors Palace Hair, nails and beauty salon, 1 Lauderdale Tower, Barbican. Tel: 020 7588 0051. 10% off on all hair and beauty treatments (minimum spend £20). Please quote BL to claim discount.

The Feelgood Centre 33-34 Chiswell Street is offering Barbican Association members a 10% discount on a wide range of Therapies and Treatments which are available from specialist practitioners. These include a wide range of massage therapies, makeup, hair styling, waxing, face rejuvenation, acupuncture, homeopathy, hypnotherapy, reflexology, Pranayoga, Feldenkrais, life coaching, life alignment. For a full listing check the website www.feelgoodcentre.com.

For bookings or further information please call 07946084848 or email: feelgoodcentre@yahoo.com

Hermes Health Osteopathy including cranial osteopathy and visceral osteopathy, pilates rehabilitation; 10% discount for BA members on initial osteopathic consultation and treatment (around 45 minutes) and 5% discount for further treatments (each around 30 minutes) up to a maximum of six in any six month period. For Pilates rehabilitation a 5% discount on individual sessions (60 minutes) or 10% if a block of 5 is paid in advance. Information: Hermes Health Ltd., Templeton House, 33-34 Chiswell Street, London EC1Y 4SF.

Appointments – Phone 0870 246 1460. Fax: 0870 246 1641 Email: info@hermeshealth.co.uk. Web: www.hermeshealth.co.uk

Insight London Counselling and Psychotherapy 20% discount on the initial consultation for BA members. Fees for ongoing sessions are negotiable according to individual circumstances. Individual, couple and family sessions with a Chartered Clinical Psychologist. Consulting rooms in Golders Green, close to the Underground, 25 minutes from Moorgate. On-street parking is available. Website: www.insightlondon.co.uk To arrange an appointment contact Marc Hekster 07775 629 432 or email: info@insightlondon.co.uk

Jarrold's Hair and Beauty Unisex Hair Salon and Spa – 5 minutes from Barbican Station. Get 20% off your first visit at Jarrold's Hair and Beauty Salon. Call the salon to book your appointment now or find out more details. 020 7251 6633,

61-67 Old Street, London EC1V 9HW, www.jarroldshairandbeauty.co.uk

LPA Limited Skin rejuvenation service offering dermal fillers, wrinkle reduction injections and medical skin care products. Clinics are held at two locations: Drakes Gym, 1 Pardon Street, Barbican, EC1V 0LR, and Beauty on the Grove Salon, 11 Rhondra Grove, E3 5AP.

20% discount offered to BA membership card holders. For more information telephone 020 7608 1947 or visit www.lpalimited.com

No74 Hair & Beauty London No 74 is delighted to give a introductory 30% discount for the first visit on a single service for all BA Members. Discount 30% off for the first visit, permanent discount 10% off on all hair and beauty services incl. YON-KA massage and facials, Sebastian, Wella & OPI treatments @ No74, 74 Compton Street, EC1V 0BN. www.no-74.co.uk, info@no-74.co.uk. Tel. 020 74 908555. BA card required

Psychotherapy City 10% discount on first four psychotherapy, counselling or coaching sessions to BA members on production of their membership card (5% to all Barbican residents). Practice at London Bridge. Contact: Amanda Falkson. Phone: 0777 557 0208. Email: amanda@psychotherapycity.co.uk Web: www.psychotherapycity.co.uk

Registered Osteopath- Lucy Bracken 25% discount on the first three appointments 10% discount thereafter to all BA members. Based five minute walk north of the Barbican. Drakes Gym, 1 Pardon Street, EC1Y14 Lucy on 07712 647 282. or email Lucybracken@mac.com

MEDIA

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Save 20% off an annual subscription to any of our design titles – Blueprint, FX, idfx, Surfaces Design & Technology, Timber & Sustainable Building & X2. Please call our subscription hotline on: 0845 155 1845 and quote BAR11.

RESTAURANTS/BAR RESTAURANTS/BARS

Barbican Tandoori 10% off food on presentation of Barbican Association membership card. Eat-in or take away. Delivery service available within the Barbican estate. 55 Aldersgate Street. Tel: 7600 4747 or 7796 4499

Cafe Below Crypt of St Mary le Bow church, Cheapside. 15% off your evening meal at Cafe Below on presentation of a Barbican Association membership card. Open Monday – Friday serving suppers from 5.30pm – 10pm. Menu changes daily and can be viewed on our website. "Food this good and at this price is rarer than mermaids' kneecaps!" View London. www.cafebelow.co.uk. 020 7329 0789

Chiswell Street Dining Rooms 20% off your food bill during the evenings and at lunch and dinner over the weekends until the end of October 2011. To take advantage of this offer, please ensure you bring your Barbican association card. To view our menu or to reserve a table please visit our website: www.chiswellstreetdining.com

The Cuban Restaurant/Bar. Latino/Caribbean atmosphere. 20% off meal (food only) in restaurant OR two drinks for the price of one at the Long Bar. 1 Ropemaker Street. (in City Point complex).

For reservations call 0870 850 8975. Website: www.thecuban.co.uk

Hat and Feathers Restaurant 25% off the whole bill. Based on 2 courses per person in the 1st floor dining rooms – excludes special events, not valid with any other offer or in December. The Hat and Feathers is located on the corner of Goswell Road and Clerkenwell Road. www.hatandfeathers.com Phone 020 7490 2244.

BA members must produce proof of membership to claim discount.

The Larder 91-93 St John Street, EC1M 4NU. Tel: 020 7608 1558. Restaurant/Bakery/Shop. Open for breakfast from 8 am and for Lunch, tea, coffee and dinner from 11 am to 11 pm Monday to Saturday. 10 percent discount on food at all times.

London Wall Bar and Kitchen Next to Museum of London – podium level: 20% discount on food with an order including a main course. Residents will need to show their BA Card to redeem the offer. Not valid with any other offer. For reservations call: 020-7600 7340

Missouri American Grill and Restaurant 20% discount from the a la carte menu or the £12 set two course or £16 set three course menu between 5pm and 11 pm. 76 Aldgate High Street, EC3. Tel: 020 7481 4010

Moshi Moshi Serves a range of hot Japanese dishes and sushi using fish that is delivered daily by Chris Bean, a fisherman working off the coast of Cornwall. Moshi Moshi is happy to invite Barbican Association members to a glass of wine and a complimentary platter of sashimi made from our daily Cornwall catch of the day, each and every time they dine with us. Liverpool Street, Unit 24, Liverpool Street Station, London EC2M 7QH (above platform 1, behind M&S). Tel / Fax: 020 7247 3227

Neo 14-17 Carthusian Street, Tel: 0207 726 8925. Special pizza and drink offer for BA members - any Pizza and a glass of house wine or soft drink for £9.95. Neo's pizza dough is made fresh every morning and only quality fresh toppings are used. Special offer applies from Saturday through to Wednesday.

The Passage Cafe French Bistro. 10% off food for Barbican Association members. 12 Jerusalem Passage, EC1V 4JP. Tel: 020 3217 0090. www.thepassagecafe.com

Pho - Vietnamese Cafe/Restaurant 10% discount at all times. 86 St John Street, EC1M 4EH. Tel: 020 7253 7624. Email: info@phocafe.co.uk. Pho is open Monday to Friday from late morning to late evening and on Saturday evenings.

Smithfield Bar and Grill 20% discount on food from Monday to Friday, dining at any time, and a 40% discount on food when dining on a Saturday evening. To take advantage of the offer BA members should book ahead and show proof of membership of the BA at the restaurant. The Bar and Grill is open Mondays to Thursdays from noon to midnight, Fridays from noon to 1 am and Saturdays from 6 pm until midnight.

Closed on Sundays and Bank Holidays. 2-3 West Smithfield, EC1A 9JX. Tel: 0870 44 22 541. Fax: 0870 44 22 542. Email: smithfield@barandgrill.co.uk. Web: www.barandgrill.co.uk

Smithfield Tandoori (now at new location) A traditional Indian restaurant which delivers consistent, always fresh, quality favourites as we have done for over 10 years in the Farringdon area. Barbican Association members may receive 10% off their total bill.

12 Smithfield Street, London EC1A 9LA. Telephone: 020 7248 4000. Website: www.smithfieldtandoori.co.uk

Soseki Authentic Japanese food set in an elegant Taisho-period tea house overlooking The Gherkin with space for up to 70 guests in the main dining area or private dining Tatami and Pagoda rooms or sushi counter. The Lounge Bar: Informal drinking and eating at lunch, tea or evening aperitif with made-to-order sushi, and a daily changing menu of miso soups and salads, and delicious cakes and bar snacks. Barbican Member's Offer: A complimentary platter of charcuterie from Brindisia or cheese platter from Neals Yard with each bottle of wine or sake purchased. Please mention Barbican Member's Offer. Offer available after 4pm Monday to Friday. 20 Bury Street London EC3A 5AX. Tel: 020 7621 9211

Tart Restaurant and Bar 20% off all BAR FOOD and COCKTAILS after 4pm Mon-Fri on presentation of Barbican Association Membership card. 117 Charterhouse Street EC1M 6AA. 0207 253 3003

Tas Restaurant Glass of house wine or organic juice per head. Must mention Barbican Association. 37 Farringdon Road. Tel: 020 7430 9721

Vecchio Parioli Friendly Italian restaurant at the corner of Aldersgate Street and Carthusian street offers Barbican Association members a 10% discount on production of their membership card. 129 Aldersgate Street, EC1A 4JQ. Tel: 0207 253 3240.

Vino & Vino Italian wine bar - wine shop - lunch - aperitivo FREE Italian tapas with your wine from 5pm. 15% off food on presentation of Barbican Association membership card. Open Monday-Friday 10am-9pm. Over 60 carefully selected Italian wine labels to choose from, ham and cheese platters, large bruschettas and salads served daily. www.vinoandvino.co.uk, 16 West Smithfield EC1A 9HY London.

Wood Street Bar and Restaurant Mon to Wed 10% off total bill when sitting down to dine. Maximum of 6 people in a party. The Barbican Association card discount must be mentioned either when booking or when ordering to take advantage. Barbican Association membership card should also be shown to person taking order. Wood Street Bar and Restaurant, Cnr. Wood Street and Fore Street, Barbican, London EC2Y 5EJ. Tel 020 7256 6990.

CLOTHING AND FASHION

Precious Designer fashion in Spitalfields – collections from DVF, Sportmax, Theory, By Malene Birger, Velvet, MIH & Paige Jeans, Shoes, Accessories & Angela Flanders Perfume. Precious is happy to offer Barbican Association members a 10% discount on non sale purchases of fashion, accessories or fragrance on production of their membership card. This offer may not be used in conjunction with any other offers. 16 Artillery Passage, Spitalfields, London E1 7LJ 020 7377 6668 open Tuesday to Friday 11–8.30pm Saturday & Sunday 11 – 5pm www.precious-london.com

BOOKS, CARDS AND MUSIC

Muse Music and Gift Shop in Barbican Arts Centre foyer Level 0. Books, greetings cards, calendars, CDs, DVD, miscellaneous gifts.s. Barbican Association members receive 10% discount on many items in stock.

SERVICES

Abracadabra Services 5% discount off regular weekly, fortnightly or monthly cleaning prices and a 10% discount off prices for one-off Spring and end of tenancy cleans. Contact Abracadabra Services Ltd., 10 Glasshouse Yard, Barbican, London EC1A 4JN or call Allan Lee on 020 7336 7686. Fax: 020 7336 7687. Email: info@abracadabra.co.uk. Website: www.abracadabra.co.uk

City Psychotherapy Psychotherapy and Jungian analysis for adults by UKCP accredited therapist. 10% discount on initial consultation for BA members. Consulting room 2 mins from Barbican tube station. To arrange an appointment please call Catherine Cox on 020 7796 3454 or email ccox@citypsychotherapy.org. For further information please visit www.citypsychotherapy.org

Elementary Investments Complimentary tea and biscuits are provided during an introductory meeting. Also no charge made for such initial meeting. For telephone consultations similarly no charge, with refreshments available via friendly self-service. Pro bono work also considered. Please call Joe Coten on 020 7588 9626, or email joec.coten@elem-inv.com

Mail Boxes Etc. Barbican 10% discount to BA members on any Fedex International Priority or UPS Express shipment. Members should show their BA membership cards and discount will be applied at time of purchase on the current Fedex or UPS retail price. Not valid with any other offer and only available at Mail Boxes Etc. Barbican. We are open from 8.30am to 6.30pm Monday – Friday. 128 Aldersgate Street, London, EC1A 4AE. Tel: 0203 3261116, email: info@mbecbarbican.co.uk

Total Removals 10% off removals and storage services for Barbican Association members. London Total Removals. Tel: 020 8367 8348 www.totalremovals.com

Zipcar: National car sharing scheme with a Toyota Prius available in the Barbican itself in Bunyan Court Car Park. Cars available by the hour. Price includes fuel, 60 free miles, congestion charge and insurance. BA members may now join at a reduced rate of only £10 plus a £10 FREE driving credit. To sign up go to www.zipcar.com/barbican

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