



Barbican Association **NEWSLETTER**

www.barbicanassociation.com

February 2012

The ups, downs and acrosses of the BA's work

**CHAIR'S
CORNER**

Looking back on previous newsletters, I find that I have written a lot about building sites recently, and what it feels like to live in the middle of one. Not only does Central London seem like a continuous building site (thanks to Crossrail, the Olympics, and Thames Water), but now the Barbican estate does too, with scaffolding surrounding the bases of the three towers.

As most residents will know by now, the scaffolding is there while abseiling concrete specialists inspect the concrete. Randall Anderson reports on page 4 that an update given at the Residents Consultation Committee meeting at the end of January suggested the survey has found nothing too serious.

Cinemas and road junctions

The old telephone exchange in Moor Lane is coming down, to be replaced by an office building, but the most interesting building work is

probably the new cinemas on the corner of Beech Street and Whitecross Street. Work is due to start by the end of January, and by the time you read this the hoardings may well be up on the north side of Beech Street while the contractors move in and start work. The contractor, ISG, is a cinema specialist and in meetings with residents in January seemed to have taken on board residents' concerns about keeping disruption to a minimum. Very noisy works will be limited to two 2 hour periods (10-12 and 2-4) and the method of removing concrete is designed to minimise noise. They will publicise telephone numbers for dealing with complaints and hold regular meetings with residents to monitor progress. Construction is due to finish in July and the cinemas reopen in September.

In March the Highways department will be launching a consultation on the Beech Street/Whitecross Street/Silk Street junction to look at improving its safety and convenience. It's

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Schoolchildren planting a Diamond Jubilee oak in the Fann Street garden, details on page 4



THE BARBICAN ASSOCIATION

Officers

Chair	Jane Smith, 307 Seddon House	7628 9132
Deputy Chair	Tim Macer, 603 Willoughby House	7628 7107
Secretary	Robert Barker, 33 Lauderdale Tower	7588 3694
Treasurer	Cliff Paice, 142 Cromwell Tower	7628 5228
Membership Secretary	Gaby Robertshaw, 706 Bryer Court	07802 535555
Auditor	Richard Godber, Defoe House.	

Sub Committees

Planning	Randall Anderson, 193 Shakespeare Tower	7588 9360
Licensing	David Graves, 209 Seddon House	7628 4371
Communications	Angela Starling, 502 Gilbert House	7638 8201
Barbican Estate Security	David Bradshaw, 143 Cromwell Tower	7638 3005
Sustainability	Sarah Hudson, 192 Shakespeare Tower	7628 5377
Roofs and Access, Public lifts, and Walkways	Robert Barker, 33 Lauderdale Tower	7588 3694
Noise and Pollution	Steve Quilter, 49 Andrewes House	7496 0562

Elected General Council Members

Randall Anderson, Bruce Badger, Robert Barker, David Bradshaw, David Graves, Garth Leder, Tim Macer, Jane Smith, Angela Starling

House Group Representatives

Andrewes House *	Stan Booth	184 Andrewes House	07985 319849
Ben Jonson House *	Chris Punter	543 Ben Jonson House	7638 0571
Brandon Mews	John Bailey	8 Brandon Mews	7588 2954
Breton House	Paul Bowers Isaacson	62 Breton House	7638 3525
Bryer Court	Eileen Campbell	102 Bryer Court	01636 815210
Bunyan Court	Gordon Griffiths	312 Bunyan Court	7588 2900
Cromwell Tower *	John Tomlinson	133 Cromwell Tower	7628 3657
Defoe House *	Matt Collins	136 Defoe House	07973 741804
Frobisher Crescent *	Dianne Vander Cruyssen	824 Frobisher Crescent	07540 885457
Gilbert House *	Nigel Walmsley	211 Gilbert House	7638 2030
John Trundle Court *	Janet Wells	14 John Trundle Court	7628 8602
Lambert Jones Mews	Richard Collins	4 Lambert Jones Mews	7588 0512
Lauderdale Tower *	Alberto Garciga	151 Lauderdale Tower	07711 068865
Mountjoy House *	Gillian Laidlaw	309 Mountjoy House	7638 0069
Seddon House *	Jane Smith	307 Seddon House	7628 9132
Shakespeare Tower *	Pat Spicer	272 Shakespeare Tower	7638 9649
Speed House *	Anne Napthine	110 Speed House	7638 3595
Thomas More House *	Philip Sharples	24 Thomas More House	7638 5453
Wallside *	Mary Bonar	6 Wallside	7588 0191
Willoughby House*	Simon Ebbins	501 Willoughby House	7628 6581

* *Recognised Tenants Association*

Communications Group

Angela Starling	502 Gilbert House	7638 8201	angela.starling@cityoflondon.gov.uk
Jane Smith	307 Seddon House	7628 9132	chairba@btinternet.com
Gillian Laidlaw	309 Mountjoy House	7638 0069	g.laidlaw309@btinternet.com
Maggie Urry	13 Lauderdale Tower	7588 1955	maggieurry@gmail.com
Lawrence Williams	5 Brandon Mews	7588 0898	barbicanlife@aol.com
Geoffrey Rivett	173 Shakespeare Tower	7786 9617	geoffrey@rivett.net

The ups, downs and acrosses of the BA's work

continued from page 1

already a busy junction for both vehicles and pedestrians and with the cinemas coming and the new bar opening in the Montcalm Hotel (on the site of the old King's Head pub) it's likely to become even busier.

This consultation is part of a programme by the Highways department to upgrade the streets around the Barbican. Last year the department consulted about the Beech Street/Aldersgate Street/Long Lane junction, the plans were approved in the summer, and work is due to start this month. The major change is that the traffic flow east-west, from Beech Street to Long Lane and vice versa,



Before and after – the proposed new look for Moor Lane

will become simultaneously two way, instead of staggered as now. At a recent meeting with the Highways department we were assured that there would be notices warning pedestrians of this change — anyone who uses that junction regularly knows that they can cross half of it at a time: soon they won't be able to do so. Other changes include an area for cyclists to assemble at the lights in Beech Street, in front of the car stop line, and – later in the year – incorporating countdown numbers into the pedestrian lights, so people know how many seconds it will be before the pedestrian lights turn red.

But the main subject of the BA's meeting with the Highways department was to discuss what will happen in Silk Street and Moor Lane once the Heron/GSMD building is complete. The plan is to restore Silk Street to two way traffic and to reinstate the bus route, to reduce the width of the carriageway, to improve the quality of the surfaces, and, in Moor Lane, to do a lot of planting.

New crossings

The contentious issue is whether there will be zebra crossings in Silk Street and Moor Lane. People in Speed remember that zebras were promised as a replacement when the Highwalk bridges came down (and if anyone has got any documentary evidence of this promise it would be very helpful to see it), and there has been a temporary zebra crossing in Silk Street while the building at Milton Court has been going on. The Barbican Association has formally asked for zebra crossings in these streets. Although the Highways officers are preparing as an option a scheme that

includes zebras, they are recommending a design that does not include zebra crossings but relies on the sort of granite layout that can be seen at Shoe Lane.

In the face of considerable scepticism from residents at the meeting, the officer argued that the recommended design is safer. We have asked for a copy of the technical report which provides the data on safety and on which the officers will be basing their recommendations; the decision will be made at the March meeting of the Streets and Walkways subcommittee; and the BA will be writing to members of that



committee once it has considered the report – and making the obvious points about the importance of these pedestrian routes and the needs of vulnerable road users in a street shared with buses and taxis. If you feel strongly about this issue may I also suggest that this is an occasion to lobby your local common councilmen for the Barbican wards of Cripplegate and Aldersgate (contact details are here:

<http://www.cityoflondon.gov.uk/committees/ward/selectWard.aspx>).

Exotic tropical visitors choose the Barbican

When the night-time treble quacking of the resident mallards was joined by a new base quack I suspected that we had visitors on the lake. And splendid visitors they are too, a pair of Egyptian Geese which seem to have taken a liking to the grass and lake below Wallside.

Egyptian Geese are members of the shelduck family and their home is in the Nile Valley and sub-Saharan Africa. They were imported into Britain in the 18th century as an ornamental species. They are striking



CHAIR'S CORNER

Arts Centre

The BA has also been busy having discussions with the Arts Centre about its licensing regime. Gilbert House in particular has been having problems with noisy drinkers on the Barbican Lounge terrace following the change in operation of this restaurant. Frobisher, now fully occupied, has also had some issues with noisy events. The Arts Centre has now produced a draft management plan for all its activities (including the new cinemas), and it is consulting residents about it through the BA.

We've just sent back our initial comments and expect to have further talks with the Arts Centre about it. My own observation is that it is not generally art events/performance that cause the most nuisance but activities related to catering and social events hosted in the building. Anyway, it is a welcome move from the Arts Centre – and it will be good to have three cinemas back.



Jane Smith

chairBA@btinternet.com

looking with pale brownish-grey under parts, darker backs, distinctive chestnut markings around their eyes, a chestnut ring around the neck and patch on the stomach, bright pink legs and conspicuous white patches on their wings in flight. The main concentration is in Norfolk where The Wildfowl and Wetland Trust estimates that 90% of the British population lives.

The male and female look alike, although the male is slightly larger, and they usually pair for life. In their African home they frequent rivers, lakes and marshes and use a wide variety of nesting sites including trees and cliffs.

Our male has been seen admiring his reflection – or trying to scare off a “competitive” male? – in a lower window in Wallside, and making courtship overtures to the female. Perhaps another species is about to be added to the Barbican lakes. But the question is: how did these Egyptian Geese find such a desirable patch of real estate far from Norfolk and Africa?

Gillian Laidlaw

RCC meeting – concrete, broadband and more

The Residents Consultation Committee was created to provide residents of the Barbican with additional input into the management of the Estate. It has a representative from each house and meets two weeks before the Barbican Residential Committee (which is the City committee that exercises the landlord functions for the Barbican) and receives the same reports (with a few confidential exceptions) as the BRC. Most importantly, City officers attend and are questioned by the residents' representatives.

At the meeting on January 30 we received reports on and asked questions about three topics of significant interest to all Barbican residents.

Concrete

As everyone will have noticed, scaffolding surrounds the towers and a concrete survey has been undertaken. This was necessitated by an incident of concrete breaking off and falling from a high floor. The full report has not been received but an oral report on the first two towers inspected has been delivered. The concrete is generally in good condition and only some spot repairs will be required. These will begin shortly and it is hoped they will be completed by early April. The cost is not yet certain but is expected to be much smaller than many might have reasonably feared. The full report will be available to residents and a much fuller briefing will be made available to the House Groups directly affected. This good report means that a similar survey of the terrace blocks will not be required at this time and when it is done scaffolding is unlikely to be required.

Broadband and TV

Many people have found that since the telephone exchange has moved their broadband speed has slowed significantly. Virgin Media left the Barbican some years ago and has chosen not to return citing high capital cost for wiring the estate. So we



"Fort" Lauderdale enrobed in scaffolding

appeared to be left with no real solution. Luckily technological developments have presented a solution. A year ago a company suggested that they would be prepared to provide fibre optic wiring and associated equipment to replace our current TV system and provide very high speed broadband. They would operate the system and provide free television as it is currently provided. In addition, they would offer premium television services and high speed broadband. People who are happy with their current TV and Internet would not need to make any change or buy anything from this company. Since receiving this offer, the City has investigated and sought further offers for providing this service. Four offers have now been received and a residents' working committee will be reviewing these in February. If all goes well we could have much improved broadband and some interesting new TV options by the autumn.

Upper podium near Bryer Pond

Much of the upper podium is the roof of the area occupied by the Virgin Active health club. Unfortunately, it is leaking in many places. This led to the draining of Bryer pond and its relining which is nearly complete. The next step is more substantial and disruptive. All of the planting between John Trundle and Bryer Court and the adjacent podium will be removed, as will all of the tiling and much of the concrete below this (at least down to the membrane). The planting will be replaced in consultation with residents. The City has hired Avanti architects to advise on this. This is the firm that helped draft the listed building guidelines. The entire project is funded by the City and will not lead to any charge for the service account. The Committee was assured that safe passage will be provided throughout the works period. The project may extend into January next year.

Randall Anderson

Tree planting for Queen's Diamond Jubilee

Attentive listeners to the Archers will know that the good folk of Ambridge are applying to the Woodland Trust for a pack of native tree saplings to mark the Queen's Diamond Jubilee. I'm pleased to report that the Barbican Wildlife Group has beaten them to it. Before Christmas we received a free pack of wildlife friendly trees: blackthorn, hawthorn, hazel, birch, rowan and oak. There was also a special oak tree raised from seed collected on one of the Royal estates.

A class from the Lyceum primary

school joined Barbican Wildlife Group volunteers and the City Gardens team to plant the saplings in the hedge along the Fann Street edge of the wildlife garden. The hedge had become leggy and it was pruned back in three places to encourage regeneration from the base. This should thicken the hedge and improve the habitat for nesting birds. Gaps where shrubs had died off were planted with the saplings. The "royal" oak was given a special place among the trees to the south-west of the meadow. In total over one hundred young trees have been added to the wildlife garden.

The Woodland Trust Diamond Jubilee project aims to help communities throughout the country come together to plant 6 million trees to celebrate the Queen's Diamond Jubilee in 2012. For more information go to www.woodlandtrust.org.uk. For further information on the Barbican Wildlife Group visit our website <http://barbicanwildlife.blogspot.com/> or join us on our Wednesday morning sessions in the Fann Street garden between 10.00 and 12.00.

Sarah Hudson

Barbican allotments – one gardener's experience

This scheme is still popular and may again be extended if suitable planters with reasonable access to water can be found. As gardeners we don't often see each other; we all have different working times, but surplus plants are passed on, we have agreed to hold occasional meetings,

rosemary and basil, and have suggested Japanese onions, perpetual spinach and lamb's lettuce as candidates for winter planting.

How to replace compost and how to dispose of plant remains (which can overwhelm our organic waste bags) are



to co-operate over watering at holiday times and to keep some kind of photographic record of our progress. However, any experience I report is mainly my own. With a whole planter, or half a larger one, it is possible to grow a reasonable range of crops, and so far there hasn't been a great deal of vandalism; the fact that the planters are now clearly labelled as allotments may perhaps help.

Keeping the planters looking attractive, especially in the winter, isn't easy; obvious winter crops such as brassicas are spotted instantly by local birds. At the moment in my plot I have one clump of green leaves which represents my last celeriac, a few coloured stalks of chard, an over-enthusiastic sage and some still-edible nasturtium leaves and chives. Now is the time for planning: in the spring my tree onions will reappear, I shall grow lettuce in trays in my flat and plant some out as early as the weather allows, and follow on with courgettes, dwarf French beans (the purple type is recommended by other gardeners, so I'm going to try them). Perhaps I'll reverse my lack of success with garlic. The smaller varieties of tomato do well, and I have had excellent crops of potatoes from five plants – but it's debatable whether they represent the best use of space. Others have had success with carrots, beet, chilli and sweet peppers, rocket and herbs such as mint, parsley,

Last summer's abundance

minor problems which remain unsolved. No doubt there will be plenty of others, but we are generally still enthusiastic. If anyone else has any bright ideas we could use or any other query please email me [anne.napthine@btinternet.com].

Anne Napthine

The Barbican Tuesday Club

The Club meets on Tuesdays at 2.45 in the Lilac Room at the 02 level of Seddon House. The afternoons are convivial get togethers with tea and interesting speakers. We held our New Year Luncheon party on the 10th January at the nearby Ristorante Venezia. The Italians, of course, are extremely fond of their families and Marco and staff treated us as such. A most successful event.

Programme plans are getting under way for early 2012 as follows:

February 7th:

Vic Giles "Derek Jameson & me – first days in Fleet St."

February 21st:

UK Digital
(hopefully the little silver man).

February 28th:

Gillian McClare –
favourite operatic voices.

March 13th:

Professor Ife, Principal GSMD –
The Milton Court project.

New members are most welcome.

Contact: June 020 7588 1623
(or just come along).

June Giles takes the Chair

Vic Giles profiles his wife, the new Tuesday Club Chair

The Barbican Tuesday Club has a new bone-shattering Chair! June has sustained three fractures in the last four years, the latest before Christmas when she disagreed with a tube train. However, following the feet-on-the-ground veteran Audrey Ballard, June intends to maintain a steady leadership. She is a born organiser with a friendly face and knows the Estate well having lived in Shakespeare Tower for 31 years. With her background in insurance and journalism, and her sense of humour, she has the talents to foster a happy and sociable relationship with the members of the oldest (in every sense) club on the Estate.

June's interests range across theatre, music, history – and strolling around the City providing she can keep upright. Since

2005, she has been a right hand to Audrey and that means experience of a rugged nature. She intends to organise the best and most interesting speakers for the afternoon tea times and the best visits and coaches for the summer trips. But most important of all...she intends to maintain and build the friendship the Barbican Tuesday Club has become famous for over its long and sociable life.



SECURITY MATTERS



I hope that the New Year is treating you well. I'm happy to advise that levels of crime continue to be low in the Barbican and surrounding areas as conveyed in a recent report I received from P.C. Christine Phillips, one of our local Ward Officers: "Reports of crime and anti-social behaviour remained at a low level during the past three months believed to be as a result of increased high visibility patrols to tackle increasing thefts in the City as a whole. Pedal cycle thefts were reported at Willoughby House Car Park, Silk Street, Fann Street and at Basterfield House, on the Golden Lane Estate. There were also several thefts of items such as saddles from pedal cycles at the same locations and plain clothed operations continue to address these crimes.

"While conducting a crime prevention surgery at the Guildhall School of Music & Drama, PC O'Mahony and PC Faux received information that a person suspected of a burglary the previous day had returned to the area. Following an area search the male was detained in Whitecross Street market and arrested by PC O'Mahony with the assistance of traders in the market. He subsequently admitted that he committed the offence.

"There was a reduction in the number of thefts by suspects on pedal cycles and scooters in the vicinity of the Barbican during the last reporting period. However a male was arrested following a robbery in Fann Street and is currently being held in prison pending a court appearance in February. A further person was arrested for theft from a person in Beech Street and this proved to be an alcohol related prank rather than an intent to steal. While the number of these crimes reported are lower we still advise residents to take care of possessions when walking in streets surrounding the area and to contact police immediately with a description of the suspect and direction of travel if you are a victim or witness to a crime.

"The Insurance Fraud Enforcement

Department was launched on 3rd January 2012. This is an operationally independent unit run by the City of London Police and supported by the Association of British Insurers dedicated to tackling insurance fraud across the United Kingdom. Police detectives and financial investigators are already reviewing a number of cases and have already made five arrests in relation to fraudulent claims.

Community Policing priorities

"At the last Community Partnership Meeting residents voted to keep the priority of addressing road user behaviour at the Beech Street/Aldersgate Street junction. There are currently two operations conducted by specialised departments concentrating on this issue throughout the city and local ward officers will pay attention to cyclists on the pavement in the vicinity of Beech Street to ensure they are aware this is a residential area pending road improvement trials that are planned for the junction.

"With a reduction of antisocial behaviour in the Barbican and Golden Lane Estates, the second priority has been amended to address the specific issue of noise emanating from licensed premises in the area and gathering information for the Corporation Environmental Team. Several residents on Barbican and Golden Lane Estates have been experiencing problems with people ringing doorbells and security phones during the early hours of the morning causing distress. We would ask you to be aware of any people trying to follow you into buildings and take care when granting access to people requesting access if you do not know them.

"A single non-emergency 101 number has been rolled out to

police forces across England and Wales in a bid to help the public to access the police when they need them. The number is designed to give the public a memorable number for their local police force to report crimes and concerns that do not require an emergency response. Residents, businesses and workers in the City can continue to contact the force directly by using the established Force Control Room number 0207 601 2222 and they can still report non-emergency crime on 0207 601 2000.

"The Community Partnership Meetings are a great opportunity for residents to voice their concerns to the local ward officers and decide what the community priorities should be. We are also keen to represent the views of those who, for whatever reason, are unable to attend. If this is the case, please contact us if you would like a matter raised at the meeting at the Barbican Police Office on the number below. Your ward officers can also give advice on alternative ways to contact police for those who are disabled or who have communication difficulties. The date of the next meeting will be displayed on notices in buildings and on the Barbican Talk web forum www.barbicantalk.com and on City of London Police website www.cityoflondon.police.uk"

Police Officers for Barbican & Golden Lane Estates: PC Christine Phillips, PC Danny O'Mahoney, PCSO Mark Murphy, PCSO Neil Patel, PCSO Dave Douglas.

David Bradshaw C.C.

Chairman

Barbican Estate Security Committee

Useful contact numbers

Barbican Police Office	020 7601 2456
Snowhill Police Station – Front Desk	020 7601 2406
General COLP switchboard (skateboarding)	020 7601 2222
Emergencies (landline)	999
Emergencies (mobile)	112
Anti-Terrorist Hotline	0800 789 321

BARBICAN ASSOCIATION DISCOUNT SCHEME

The Barbican Association has negotiated the following discounts with the suppliers below. You may need to present your BA Membership Card to take advantage of these. The scheme members offer discounts or incentives to Barbican Association members to buy their products or utilise their services and are publicised in each issue of Barbican Life Magazine, on the www.barbicanlife.com website and in the Barbican Association's quarterly newsletter for so doing. Contact Lawrence Williams on 020 7588 0898 – or by email at barbicanlife@gmail.com – for further information.

CURRENT SCHEME MEMBERS

FURNISHING

Alma Home 10% discount on furnishings. View at showroom at 8 Vigo Street, London W1S 3HN, or in Selfridges. See also website www.almahome.co.uk.

Contact Tisha Richbell on 020 7377 0762 or by email: tisha.richbell@almahome.co.uk for further details.

Ligne Roset City 10% Discount on any Ligne Roset order

placed outside of our Sale or Promotional periods. View a sample of Ligne Roset's extensive range on www.ligne-roset-city.co.uk or in person at 37-39 Commercial Road, London E1 1LF. Tel 0207 426 9670.

MILK Concept Boutique Small furnishings, contemporary hand-crafted lighting, collectable porcelain, fragrances, travel accessories and exclusive fashion labels can all be found relaxing in comfort amid the whitewash Victoriana and petite

elegance of The Clerk's House, beside Shoreditch church. BA Members offered discounts of 5% to 10% on all goods except Fornasetti. 118 1/2 Shoreditch High Street, London E1 6JN, Tel/Fax 0207 7299880

MyDreamKitchen 5% discount. Contact Spiro Nicholas, MyDreamKitchen, 708 Lea Bridge Road, London E10 6AW. Freephone 0800 018 5654. Email: spiro@mydreamkitchen.co.uk. Web: www.mydreamkitchen.co.uk

HEALTH AND BEAUTY

Barbican Acupuncture 10% discount off all prices listed on website to anyone presenting their BA card. 1 Wallside, Barbican, London, EC2Y 8BH. Tel: 020 7638 4322.

Email: Gary@BarbicanAcupuncture.com
Website: www.BarbicanAcupuncture.com

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THE RECOGNISED ASSOCIATION REPRESENTING THE INTERESTS OF BARBICAN RESIDENTS

2012 MEMBERSHIP FORM

Barbican Address			
Mailing Address	Member type: Leaseholder / Corporation Tenant / Sub-tenant (please delete as appropriate)		
Names	1 2 3 4		
Telephone Nos		Fax	
E Mail			

Membership fee £7 if paying by cheque OR £5 if paying by STANDING ORDER: For addresses outside the Barbican add £3 for UK, £6 for Europe, £9 for rest of world to cover postage.

Membership cards: Membership cards are printed in batches either monthly or bi-monthly depending on the print run required

We would prefer you to pay by standing order. It saves our volunteers much time. Please complete the attached form. Alternatively send a cheque payable to 'Barbican Association' with your address on the back.

Please return this form to

Roger Howorth, Assistant Membership Secretary, 63 Thomas More House, Barbican, London, EC2Y 8BT. E mail: roger@rogerh.com

The Barbican Association keeps a database of the names, addresses, telephone numbers and e mail addresses of Association Members. Information from the database is used by our General Council and Affiliated House Groups for maintaining and increasing membership, distributing our publications, managing and reporting on our finances and accounts, and carrying out other objects of the Association. We also disclose information about our membership to the Corporation of London (including the Barbican Estate Office) in order to maintain their recognition of the Association. By becoming a member of the Association, you consent to the use of your information for these purposes.

STANDING ORDER

To	Bank	Branch Address
	Branch	

Bank	Branch Title	Sorting Code Number
Alliance & Leicester Commercial		72-00-05

For the credit of:

Beneficiary's Name	Account Number *	Quoting Reference
Barbican Association	97028605	

Commencing

Date of first payment	Amount of first payment if different	Amount in figures	Amount in words	Due date and frequency
	£	£		1 January annually

Date of last payment

Until further notice in writing or and debit my/our account annually

Name of account to be debited	Sort Code	Account Number

This replaces my/our previous standing order for the transfer of £ to the same account (cross out if not applicable)

Name(s)	Signature
---------	-----------

BLOCK CAPITALS PLEASE

Address	Signature
Postcode	Date

BARBICAN ASSOCIATION DISCOUNT SCHEME

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Barbican Dental Care 10% on all services including tooth whitening and revolutionary healOzone treatment. Ground Floor, 80-83 Long Lane, London EC1A 9ET. Phone: 020 7600 4147. Contact Nikki Skews

Barbican Dental Practice 10% discount on procedures for BA members on production of their Membership Card. (5% discount for all Barbican residents). 1 Walside, Barbican. Phone: 020 7638 8200 for appointment.

Bodymotion Chiropractic Clinic 15% discount on presentation of Barbican Association membership card. No. 1 Walside, Barbican. Phone 020 7374 2272 for appointment. www.body-motion.co.uk

Cissors Palace Hair, nails and beauty salon, 1 Lauderdale Tower, Barbican. Tel: 020 7588 0051. 10% off on all hair and beauty treatments (minimum spend £20). Please quote BL to claim discount.

The Feelgood Centre 33-34 Chiswell Street is offering Barbican Association members a 10% discount on a wide range of Therapies and Treatments which are available from specialist practitioners. These include a wide range of massage therapies, makeup, hair styling, waxing, face rejuvenation, acupuncture, homeopathy, hypnotherapy, reflexology, Pranayoga, Feldenkreis, life coaching, life alignment. For a full listing check the website www.feelgoodcentre.com. For bookings or further information please call 07946084848 or email: feelgoodcentre@yahoo.com

Hermes Health Osteopathy including cranial osteopathy and visceral osteopathy, pilates rehabilitation; 10% discount for BA members on initial osteopathic consultation and treatment (around 45 minutes) and 5% discount for further treatments (each around 30 minutes) up to a maximum of six in any six month period. For Pilates rehabilitation a 5% discount on individual sessions (60 minutes) or 10% if a block of 5 is paid in advance. Information: Hermes Health Ltd., Templeton House, 33-34 Chiswell Street, London EC1Y 4SF. Appointments – Appointments – Phone 0870 246 1460. Fax: 0870 246 1641 Email: info@hermeshealth.co.uk Web: www.hermeshealth.co.uk

Insight London Counselling and Psychotherapy 20% discount on the initial consultation for BA members. Fees for ongoing sessions are negotiable according to individual circumstances. Individual, couple and family sessions with a Chartered Clinical Psychologist. Consulting rooms in Golders Green, close to the Underground, 25 minutes from Moorgate. On-street parking is available. Website: www.insightlondon.co.uk To arrange an appointment contact Marc Hekster 07775 629 432 or email: info@insightlondon.co.uk

Jarrold's Hair and Beauty Unisex Hair Salon and Spa – 5 minutes from Barbican Station. Get 20% off your first visit at Jarrold's Hair and Beauty Salon. Call the salon to book your appointment now or find out more details. 020 7251 6633, 61-67 Old Street, London EC1V 9HW, www.jarroldshairandbeauty.co.uk

LPA Limited Skin rejuvenation service offering dermal fillers, wrinkle reduction injections and medical skin care products. Clinics are held at two locations: Drakes Gym, 1 Pardon Street, Barbican, EC1V 0LR, and Beauty on the Grove Salon, 11 Rhondra Grove, E3 5AP. 20% discount offered to BA membership card holders. For more information telephone 020 7608 1947 or visit www.lpalimited.com

No74 Hair & Beauty London No 74 is delighted to give a introductory 30% discount for the first visit on a single service for all BA Members. Discount 30% off for the first visit, permanent discount 10% off on all hair and beauty services incl. YON-KA massage and facials, Sebastian, Wella & OPI treatments @ No74, 74 Compton Street, EC1V 0BN. www.no-74.co.uk, info@no-74.co.uk, Tel. 020 74 908555, BA card required

Psychotherapy City 10% discount on first four psychotherapy, counselling or coaching sessions to BA members on production of their membership card (5% to all Barbican residents). Practice at London Bridge. Contact: Amanda Falkson. Phone: 0777 557 0208. Email: amanda@psychotherapycity.co.uk. Web: www.psychotherapycity.co.uk

Registered Osteopath- Lucy Bracken 25% discount on the first three appointments 10% discount thereafter to all BA members. Based five minute walk north of the Barbican. Drakes Gym, 1 Pardon Street, EC1Y. Call Lucy on 07712 647 282. or email Lucybracken@mac.com

MEDIA

Progressive Digital Media Save 20% off an annual subscription to any of our design titles – Blueprint, FX, idfx, Surfaces Design & Technology, Timber & Sustainable Building & X2. Please call our subscription hotline on: 0845 155 1845 and quote BAR11.

RESTAURANTS/BAR RESTAURANTS/BARS

Barbican Tandoori 10% off food on presentation of Barbican Association membership card. Eat-in or take away. Delivery service available within the Barbican estate. 55 Aldersgate Street. Tel: 7600 4747 or 7796 4499

Cafe Below Crypt of St Mary le Bow church, Cheapside. 15% off your evening meal at Café Below on presentation of a Barbican Association membership card. Open Monday – Friday serving suppers from 5.30pm – 10pm. Menu changes daily and can be viewed on our website. "Food this good and at this price is rarer than mermaids' kneecaps!" View London. www.cafebelow.co.uk. 020 7329 0789

Chiswell Street Dining Rooms 20% off your food bill during the evenings and at lunch and dinner over the weekends until the end of October 2011. To take advantage of this offer, please ensure you bring your Barbican association card. To view our menu or to reserve a table please just visit our website: www.chiswellstreetdining.com

The Cuban Restaurant/Bar. Latino/Caribbean atmosphere. 20% off meal (food only) in restaurant OR two drinks for the price of one at the Long Bar. 1 Ropemaker Street (in City Point complex). For reservations call 0870 850 8975. Website: www.thecuban.co.uk

Hat and Feathers Restaurant 25% off the whole bill. Based on 2 courses per person in the 1st floor dining rooms – excludes special events, not valid with any other offer or in December. The Hat and Feathers is located on the corner of Goswell Road and Clerkenwell Road. www.hatandfeathers.com Phone 020 7490 2244. BA members must produce proof of membership to claim discount.

The Larder 91-93 St John Street, EC1M 4NU. Tel: 020 7608 1558. Restaurant/Bar/Bakery/Shop. Open for breakfast from 8 am and for Lunch, tea, coffee and dinner from 11 am to 11 pm Monday to Saturday. 10% permanent discount on food at all times.

London Wall Bar and Kitchen Next to Museum of London – podium level: 20% discount on food with an order including a main course. Residents will need to show their BA Card to redeem the offer. Not valid with any other offer. For reservations call: 020-7600 7340

Missouri American Grill and Restaurant 20% discount from the a la carte menu or the £12 set two course or £16 set three course menu between 5pm and 11 pm. 76 Aldgate High Street, EC3. Tel: 020 7481 4010

Moshi Moshi Serves a range of hot Japanese dishes and sushi using fish that is delivered daily by Chris Bean, a fisherman working off the coast of Cornwall. Moshi Moshi is happy to invite Barbican Association members to a glass of wine and a complimentary platter of sashimi made from our daily Cornwall catch of the day, each and every time they dine with us. Liverpool Street, Unit 24, Liverpool Street Station, London EC2M 7QH (above platform 1, behind M&S). Tel / Fax: 020 7247 3227

Neo 14-17 Carthusian Street, Tel: 0207 726 8925: Special pizza and drink offer for BA members - any Pizza and a glass of house wine or soft drink for £9.95. Neo's pizza dough is made fresh every morning and only quality fresh toppings are used. Special offer applies from Saturday through to Wednesday.

The Passage Cafe French Bistro. 10% off food for Barbican Association members. 12 Jerusalem Passage, EC1V 4JP. Tel: 020 3217 0090. www.thepassagecafe.com

Pho - Vietnamese Cafe/Restaurant 10% discount at all times. 86 St John Street, EC1M 4EH. Tel: 020 7253 7624. Email: info@phocafe.co.uk. Pho is open Monday to Friday from late morning to late evening and on Saturday evenings.

Smithfield Bar and Grill 20% discount on food from Monday to Friday, dining at any time, and a 40% discount on food when dining on a Saturday evening. To take advantage of the offer BA members should book ahead and show proof of membership of the BA at the restaurant. The Bar and Grill is open Mondays to Thursdays from noon to midnight, Fridays from noon to 1 am and Saturdays from 6 pm until midnight. Closed on Sundays and Bank Holidays. 2-3 West Smithfield, EC1A 9JX. Tel: 0870 44 22 541, Fax: 0870 44 22 542, Email: smithfield@barandgrill.co.uk. Web: www.barandgrill.co.uk

Smithfield Tandoori (now at new location) A traditional Indian restaurant which delivers consistent, always fresh, quality favourites as we have done for over 10 years in the Farringdon area. Barbican Association members may receive 10% off their total bill. 12 Smithfield Street, London EC1A 9LA. Telephone: 020 7248 4000. Website: www.smithfieldtandoori.co.uk

Tart Restaurant and Bar 20% off all BAR FOOD and COCKTAILS after 4pm Mon-Fri on presentation of Barbican Association Membership card. 117 Charterhouse Street EC1M 6AA. 0207 253 3003

Tas Restaurant Glass of house wine or organic juice per

head. Must mention Barbican Association. 37 Farringdon Road. Tel: 020 7430 9721

Vecchio Parioli Friendly Italian restaurant at the corner of Aldersgate Street and Carthusian street offers Barbican Association members a 10% discount on production of their membership card. 129 Aldersgate Street, EC1A 4JQ. Tel: 0207 253 3240.

Vino & Vino Italian wine bar - wine shop - lunch - aperitivo FREE Italian tapas with your wine from 5pm. 15% off food on presentation of Barbican Association membership card. Open Monday-Friday 10am-9pm. Over 60 carefully selected Italian wine labels to choose from, ham and cheese platters, large bruschettas and salads served daily. www.vinoandvino.co.uk, 16 West Smithfield EC1A 9HY London.

Wood Street Bar and Restaurant Mon to Wed 10% off total bill when sitting down to dine. Maximum of 6 people in a party. The Barbican Association card discount must be mentioned either when booking or when ordering to take advantage. Barbican Association membership card should also be shown to person taking order. Wood Street Bar and Restaurant, Cnr. Wood Street and Fore Street, Barbican, London EC2Y 5EJ. Tel 020 7256 6990.

CLOTHING AND FASHION

Precious Designer fashion in Spitalfields – collections from DVF, Sportmax, Theory, By Malene Birger, Velvet, MIH & Paige Jeans, Shoes, Accessories & Angela Flanders Perfume. Precious is happy to offer Barbican Association members a 10% discount on non sale purchases of fashion, accessories or fragrance on production of their membership card. This offer may not be used in conjunction with any other offers. 16 Artillery Passage, Spitalfields, London E1 7LJ 020 7377 6668 open Tuesday to Friday 11–6.30pm Saturday & Sunday 11 – 5pm www.precious-london.com

BOOKS, CARDS AND MUSIC

Muse Music and Gift Shop in Barbican Arts Centre foyer Level 0. Books, greetings cards, calendars, CDs, DVD, miscellaneous gifts.s. Barbican Association members receive 10% discount on many items in stock.

SERVICES

Abracadabra Services 5% discount off regular weekly, fortnightly or monthly cleaning prices and a 10% discount off prices for one-off Spring and end of tenancy cleans. Contact Abracadabra Services Ltd., 10 Glasshouse Yard, Barbican, London EC1A 4JN or call Allan Lee on 020 7336 7686. Fax: 020 7336 7687. Email: info@abracadabra.co.uk Website: www.abracadabra.co.uk

City Psychotherapy Psychotherapy and Jungian analysis for adults by UKCP accredited psychotherapist. 10% discount on initial consultation for BA members. Consulting room 2 mins from Barbican tube station. To arrange an appointment please call Catherine Cox on 020 7796 3454 or email ccox@citypsychotherapy.org. For further information please visit www.citypsychotherapy.org

Elementary Investments Complimentary tea and biscuits are provided during an introductory meeting. Also no charge made for such initial meeting. For telephone consultations similarly no charge, with refreshments available via friendly self-service. Pro bono work also considered. Please call Joe Coten on 020 7588 9626, or email joe.coten@elem-inv.com

Mail Boxes Etc, Barbican 10% discount to BA members on any Fedex International Priority or UPS Express shipment. Members should show their BA membership cards and discount will be applied at time of purchase on the current Fedex or UPS retail price. Not valid with any other offer and only available at Mail Boxes Etc, Barbican. We are open from 8.30am to 6.30pm Monday - Friday. 128 Aldersgate Street, London, EC1A 4AE. Tel: 0203 3261116, email: info@mbebarbican.co.uk

Total Removals 10% off removals and storage services for Barbican Association members. London Total Removals. Tel:020 8367 8348 www.totalremovals.com

Zipcar: National car sharing scheme with a Toyota Prius available in the Barbican itself in Bunyan Court Car Park. Cars available by the hour. Price includes fuel, 60 free miles, congestion charge and insurance. BA members may now join at a reduced rate of only £10 plus a £10 FREE driving credit. To sign up go to www.zipcar.com/barbican

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