



Barbican Association **NEWSLETTER**

www.barbicanassociation.com

April 2012

BA opposes developers' efforts to vary planning conditions

Since it's spring and the evenings are getting lighter, I'll start with the positive things going on around the estate: the scaffolding is

coming down from around the towers and the Golden Lane Leisure Centre swimming pool has reopened. We can look forward to streets decked with bunting to celebrate the Olympics and several interesting arts events at the Barbican Arts Centre as part of the cultural Olympics.

But in most ways it is business as usual for the BA – fending off encroachments on our peace and quiet. Three recent planning applications seem to be setting an unwelcome trend of applicants coming back to the planning committee seeking permission to vary designs or conditions in ways that adversely affect the estate.

The first of these applications is to vary a condition in the permission for the Milton

CHAIR'S CORNER

Court building that the part occupied by the Guildhall School of Music and Drama should be closed to the public between 11 pm and 10 am. Residents will

remember the strong opposition to the Milton Court development; it did eventually get planning permission, but several conditions were imposed in order to protect residential amenity, including these time limits. The GSMD, under pressure to raise funds, now wants to use the concert hall and theatre for commercial purposes from 8 am to 12 midnight. Not surprisingly, people who live next to Milton Court and who value their sleep are objecting. Already 77 objections have been submitted.

Heron, the developer of Milton Court, is also seeking to extend the life of its marketing pavilion on Moor Lane by a further 18 months. At the time permission was granted for this marketing pavilion Heron assured us that

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The drained and relined Bryer pond, the first phase of the waterproofing work in Beech Garden (see page 4)



THE BARBICAN ASSOCIATION

Officers

Chair	Jane Smith, 307 Seddon House	7628 9132
Deputy Chair	Tim Macer, 603 Willoughby House	7628 7107
Secretary	Robert Barker, 33 Lauderdale Tower	7588 3694
Treasurer	Cliff Paice, 142 Cromwell Tower	7628 5228
Membership Secretary	Gaby Robertshaw, 706 Bryer Court	07802 535555
Auditor	Richard Godber, Defoe House.	

Sub Committees

Planning	Randall Anderson, 193 Shakespeare Tower	7588 9360
Licensing	David Graves, 209 Seddon House	7628 4371
Communications	Angela Starling, 502 Gilbert House	7638 8201
Barbican Estate Security	David Bradshaw, 143 Cromwell Tower	7638 3005
Sustainability	Sarah Hudson, 192 Shakespeare Tower	7628 5377
Roofs and Access, Public lifts, and Walkways	Robert Barker, 33 Lauderdale Tower	7588 3694
Noise and Pollution	Steve Quilter, 49 Andrewes House	7496 0562

Elected General Council Members

Randall Anderson, Bruce Badger, Robert Barker, David Bradshaw, David Graves, Garth Leder, Tim Macer, Jane Smith, Angela Starling

House Group Representatives

Andrewes House *	Stan Booth	184 Andrewes House	07985 319849
Ben Jonson House *	Chris Punter	543 Ben Jonson House	7638 0571
Brandon Mews	John Bailey	8 Brandon Mews	7588 2954
Breton House	Paul Bowers Isaacson	62 Breton House	7638 3525
Bryer Court	Eileen Campbell	102 Bryer Court	01636 815210
Bunyan Court	Gordon Griffiths	312 Bunyan Court	7588 2900
Cromwell Tower *	John Tomlinson	133 Cromwell Tower	7628 3657
Defoe House *	Matt Collins	136 Defoe House	07973 741804
Frobisher Crescent *	Dianne Vander Cruyssen	824 Frobisher Crescent	07540 885457
Gilbert House *	Nigel Walmsley	211 Gilbert House	7638 2030
John Trundle Court *	Janet Wells	14 John Trundle Court	7628 8602
Lambert Jones Mews	Richard Collins	4 Lambert Jones Mews	7588 0512
Lauderdale Tower *	Alberto Garciga	151 Lauderdale Tower	07711 068865
Mountjoy House *	Gillian Laidlaw	309 Mountjoy House	7638 0069
Seddon House *	Jane Smith	307 Seddon House	7628 9132
Shakespeare Tower *	Pat Spicer	272 Shakespeare Tower	7638 9649
Speed House *	Anne Napthine	110 Speed House	7638 3595
Thomas More House *	Philip Sharples	24 Thomas More House	7638 5453
Wallside *	Mary Bonar	6 Wallside	7588 0191
Willoughby House*	Simon Ebbins	501 Willoughby House	7628 6581

* *Recognised Tenants Association*

Communications Group

Angela Starling	502 Gilbert House	7638 8201	angela.starling@cityoflondon.gov.uk
Jane Smith	307 Seddon House	7628 9132	chairba@btinternet.com
Gillian Laidlaw	309 Mountjoy House	7638 0069	g.laidlaw309@btinternet.com
Maggie Urry	13 Lauderdale Tower	7588 1955	maggierry@gmail.com
Lawrence Williams	5 Brandon Mews	7588 0898	barbicanlife@aol.com
Geoffrey Rivett	173 Shakespeare Tower	7786 9617	geoffrey@rivett.net

BA opposes developers' efforts to vary planning conditions

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three years would be enough – by then the first flats would be built and a show flat could be opened in the tower itself. Our major concern about extending the life of this pavilion is that it will delay still further the promised streetscene enhancements to Moor Lane (wider pavements, more trees and plants, see February newsletter).

The third change is to the new building on the site of the old telephone exchange. The developers have tried to sneak in as a minor amendment a proposal to move the service entrance to the building so

road surfaces that are designed to reduce noise.

We welcomed the Noise Strategy, which confirms that noise is an important irritant to residents and workers and makes many recommendations for reducing traffic and environmental noise, from quieter road surfaces to limiting deliveries round residential areas at night. We made some specific suggestions about enforcement, quieter plant in new buildings, and a 20 mph speed limit. The draft strategy also identified the centre of the Barbican estate as one of the City's

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tranquil areas. We hope we can use this strategy in future to support our attempts to keep it so.

AGM

Indeed we hope we can use an earlier strategy from the same City committee – on Air Quality. We have invited to this year's AGM Simon Birkitt, from Clean Air for London and Ruth Calderwood, the City's environmental policy officer, to tell us about air quality and what the City and we can do about it. Air pollution emerged as an area of concern for residents from last year's questionnaire on environmental issues – so I hope that you will come to the AGM and learn more about it: 26th April, at 7.30 pm, in the Girl's School. It is also your opportunity to ask questions, raise issues and hold the BA General Council to account.



Jane Smith

chairBA@btinternet.com



The first swimmer enters the refurbished swimming pool at the Golden Lane Leisure Centre, now fully open.

that it would be much closer to the Barbican. It would also position it opposite the service entrance to one of the proposed St Alphage buildings, in a narrow part of Fore Street.

Meanwhile we are still awaiting a decision on whether Silk Street and Moor Lane get zebra crossings as part of the street works. The issue – which is that residents want zebra crossings but officers think they aren't needed – was due to go before the Streets and Walkways Subcommittee in March, but it was deferred following a meeting of local common councilmen and officers. As I write, we are waiting to see what the officers will recommend to the April committee.

As well as no zebras, officers' proposals included small flat "roundabouts" made of granite sets as a traffic calming measure. One problem with these granite sets is that they can create a noisy road surface – again in a residential street which can be very quiet at night. We were therefore pleased to comment on the City's new draft Noise Strategy, which among other things specifically recommends the use of materials on

What's the difference between the BA and the RCC?

They both represent residents and they both include representatives of house groups: so why are there two bodies? Essentially the Residents Consultation Committee (RCC) represents residents in their relationship with their landlord the City; the Barbican Association (BA) represents them in all other matters.

The RCC was set up a few years ago as a subcommittee of the Barbican Residential Committee, the City's committee responsible for running the Barbican Estate, to provide a voice for leaseholders in the way the estate was run, recognising the fact that long leaseholders pay for most of that management through their service charges. Each house group has a seat on the RCC, and the BA also has a seat.

The BA was set up shortly after the estate was first occupied and represents residents on all issues that affect them other than direct landlord issues (though it does have a voice in these through its seat on the RCC). Individuals join the BA, and they elect people to the BA General Council, which also has a representative from each house group. In practice the BA deals mainly with planning and licensing issues, but it also represents residents in discussions with our neighbours such as the Arts Centre and the Girls School and in discussions with bodies like Crossrail.

Many of the same people sit on both committees. That might sound incestuous, but such cross representation is useful, especially as residents don't necessarily know the difference between the two and the BA has funds and the RCC doesn't. In addition some City common councilmen from the two Barbican wards happen to sit on both the RCC and the BA, as either house group representatives or elected members to the BAGC.

Jane Smith

A year of disruption ahead for Beech Garden; new TV and internet service on its way

Randall Anderson reports on issues under consideration by the RCC

Beech Garden

The second phase of the City's work in the Beech Garden area will begin shortly. The area of the work, necessary to prevent leaks in particular to the Virgin Active health club below, is extensive. It includes the area bounded by John Trundle Court, Bunyan Court, and Bryer Court, White Lion Court, the podium to the west of John Trundle Court and the adjacent area above Beech Street running towards the east to approximately 45 Beech Street. In the first phase of work the Bryer Pond was drained. By the time you read this, the removal of plantings may already have begun.

This area along with the rest of the podium over Beech Street running along Ben Jonson House was extensively altered from the original design in 1983 – the last time this area was waterproofed. It is strongly believed that the planting areas installed in 1983 have caused some of the leakage problems either through the weight of materials or damage from roots.

The project requires removal of the brick tiles, and all of the material down to the waterproof membrane. The entire area will then be covered with new waterproofing and rebuilt. The plantings will also be restored. However, this opportunity will be taken to re-think the planting areas and the plantings themselves. This work requires listed building consent and the consent will be

decided by the Secretary of State because the City cannot give listed building consent to its own projects. The project will be funded by the City.

A working group made up of the Residents Consultation Committee (RCC) garden advisory group, the asset maintenance working party and representatives of the nearby houses has been formed and it will be working with City officers and the architect and landscape architect to review alternatives. The first meeting has been held and several issues were extensively discussed. Amongst these is the need to consider sustainability (including, for example, rain water harvesting and a redesigned irrigation system, perennial plantings rather than annuals that need to be changed throughout the year). Also discussed were the various uses of the gardens and the need to ensure a relatively quiet area.

There will be a public consultation when preferred alternatives have been developed. It is hoped that this will occur by early June. The listed building consent process will take approximately 16 weeks after the application is submitted. Some of the work can proceed while the consent process is underway but the project looks likely to take approximately a year. While the work is ongoing, access to all entrances and fire escapes will be maintained.

Portions of the work will be noisy. We have asked that residents be consulted on whether they would prefer to use Barbican hours or get the noise out of the way more quickly.

Television and Internet

The proposal to contract with a company to provide a new television and internet system to the Barbican was approved in principle by the RCC and the Barbican Residential Committee (BRC) at their March meetings. City attorneys will now draft the contract. There are certain key provisions of this contract that must be acceptable to residents before the contract can be signed. Among these are clauses that effectively guarantee that the provider will take no actions to discriminate between services provided over the internet, and that will ensure that the system will be updated to remain state of the art throughout the contract term. The RCC working party will review these clauses and the final contract terms will be brought to the RCC for recommendation to the BRC. The BRC has delegated authority to its Chair and Vice Chair to approve the contract if the RCC approves. It is expected that this will come to the June meeting. Installation would begin shortly after approval. This means that by the end of the year we could have significantly expanded television services available and extremely high speed internet.

No one will have to buy any services from the new provider. Freeview and satellite television will continue to be available free and Sky will be available on the same basis as it currently is for those who wish to subscribe. Sky Plus will be available in all flats without the need to run a second line. The provider will also offer a number of optional packages of foreign programming. High speed internet service will also be offered but everyone is free to keep his or her current provider. Finally, the provider has proposed a free WiFi service throughout the Barbican for residents.

Randall Anderson

Beech Garden – a quiet corner of planting, seating and ponds –will be cleared and dug up to remedy leaks. Residents will be consulted on the new landscaping.





Sowing the wildflower meadow in Fann Street wildlife garden. The garden will be welcoming visitors as part of the London Open Garden Squares Weekend on June 9-10th when volunteers from the Barbican Wildlife Group (BWG) will be on hand to answer questions about the garden and their work to promote wildlife. This year much effort has been put into improving the wildflower meadow, which should be in full flower by June. Entrance on the open weekend is free to Barbican residents, who are welcome to visit the garden (using the Barbican key) at any time. Find out more about the BWG at <http://barbicanwildlife.blogspot.com/> or join the group's work sessions, which are supervised by a City gardener, on Wednesday mornings from 10.00 to 12.00.

SECURITY MATTERS



Addressing residents' concerns over potential security threats

The Barbican, surrounding areas and indeed the City as a whole, continues to enjoy low levels of crime. Long may it be so, though we should never be complacent.

There is a perception with certain residents, however, that there are potential security issues generated by the increased levels of construction on the fringes of the Barbican Estate. This matter has been raised by the Andrewes House Group and was brought to the attention of both the Residents Consultation Committee (RCC) and the Barbican Association (BA). As a result of this I, on behalf of the Barbican Estate Security Committee (BESC), a subcommittee of the BA, invited Mary Hickman, a new member of the Andrewes House Group and their representative at RCC meetings, to attend a recent meeting of the BESC which was held on 21st March 2012.

Mary advised the BESC of her and some of her fellow Andrewes House residents' concerns, and these may be summarised in Mary's own words:

"As stated at the RCC meeting there is considerable concern about security particularly at the eastern end of the estate. A number of recent developments have made many people feel more insecure of late. The impact of the Crossrail development has made the area surrounding the escalators down to Moorgate tube station much more enclosed, with many more chances of people lurking there unspotted,

especially at night. The closure of two cinemas in the Barbican Centre has meant that there is a significant reduction in footfall along the Andrewes House Highwalk after 11pm. Also some residents report individuals hanging around and even sleeping in some of the common parts of Andrewes House.

"Other residents felt insecure as a result of the attempt to occupy Roman House. The area of the Highwalk across towards the Guildhall is being neglected in advance of anticipated redevelopment; for example, light bulbs go and are not replaced. All of these conditions have arisen over and above the inconvenience, dust and noise currently being experienced at the east end of the estate due to the building of Heron Tower, the demolition of the Telephone Exchange and the beginning of works on Roman House.

"In these circumstances we request that the security sub-committee of the BA urgently reconsiders the security issues on the estate especially as regards lighting and the installation of security cameras."

Prior to the BESC discussing Mary's concerns I summarised the long and detailed investigations into the provision of CCTV at various areas around the estate which the BESC has undertaken over time. The primary obstructions at all stages of the committee's deliberations had been cost and monitoring. At no stage had residents been prepared to meet the cost of the installation and no

The Barbican Tuesday Club

Well, so far 2012 has been a really good year for the club. Four most welcome new members and an excellent programme of speakers. Of special note was the talk and presentation by Professor Ife, Principal of the Guildhall School of Music & Drama, on the Milton Court project.

The building and facilities will be splendid – unfortunately it won't be open until next year but then what an Arts Centre we will have!

Future wide ranging talks will include Clare Sharples, a member of the Independent Monitoring Board of Her Majesty's Prison, Wandsworth, and Clare Anstee on her year as Lady Mayoress.

The Club enjoyed its visit to the Dickens Exhibition at the Museum of London. Charlie's mum couldn't have realised her son would one day be up there with Shakespeare in the nation's regard. Our May outing will be to Polesden Lacey near Dorking, an Edwardian country house where George VI and the Queen Mother spent their honeymoon.

A REMINDER that the Club meets on Tuesdays at 2.45 in the Lilac Room at the O2 level of Seddon House. Go on! Why not come along and see if you like us. Contact **June Giles 020 7588 1623** for more details.

satisfactory cost-effective method of monitoring images had been devised although the proposed new broadband scheme currently under consideration (see page 4) which involves installing fibre-optic connections, may well help in this respect. The listing of the estate now also presents particular difficulties.

In addition, according to the City of London Police, CCTV is not cost-effective, particularly in areas where crime levels are low or non-existent. In other words it would be difficult to make a business case for the Corporation to pick-up the cost of providing additional CCTV cameras. The counter argument to this, of ▶

course, is to question whether one has to wait until an unfortunate incident occurs before anti-problem measures are adopted. Helen Jones of Seddon House, a long serving and valued member of BESC, added that some residents had raised privacy issues around the proposed installation of CCTV cameras within the Barbican Estate and therefore were positively against the provision of any additional cameras.

Another resident, Gillie Bexson of Seddon House, had also raised the question of poor lighting in the Lauderdale Courtyard area and the 01 level north entrance of Seddon House. The committee observed that the area in question had not been illuminated as well as normally as a result of the scaffolding, now removed, and also because the light from the former shop was no longer in evidence. A new tenant for the shop has, however, been found and this lighting may well be returned – depending on opening hours.

As regards Roman House, the protesters had moved out peaceably within hours when the presence of asbestos in the building was announced and they were told that the provision of housing was being delayed by their actions. The Barbican Centre was to be a venue for a public lecture by a member of the Occupy movement, but little interest was shown in such an event although security had been increased around the centre as a precaution. The City of London Police Force has also confirmed that there was no intention of moving into the Barbican by the protesters.

With regard to poor lighting, Barbican Estate Officers confirmed their on-going role in replacing faulty and/or low level lights by observation, through reports from residents and in association with the Department for the Built Environment – the appropriate Guildhall section responsible for public areas around the estate.

John Bailey (Secretary of BESC) offered to raise the issues Mary had relayed to the committee at the April Crossrail meeting and I have reported the concerns expressed both to the BA's

Useful contact numbers

Barbican Police Office	020 7601 2456
Snowhill Police Station – Front Desk	020 7601 2406
General COLP switchboard (skateboarding)	020 7601 2222
Emergencies (landline)	999
Emergencies (mobile)	112
Anti-Terrorist Hotline	0800 789 321

General Council as well as the Barbican Residential Committee.

The BESC also urged Mary to rally like-minded fellow residents and take her and their concerns to the forthcoming Ward Panel/Community Partnership meeting for Barbican & Golden Lane Residents which the City of London Police hold and use to prioritise local concerns – this is scheduled to be held on 16th April at The

Brewery in Chiswell Street commencing at 6.30pm. (Any change of date or venue will be posted in lifts & notice boards and also conveyed via BarbicanTalk).

Finally, Mary has been invited to the next BESC meeting on 28th June as a follow-up/update.

David Bradshaw C.C.
Chairman

Barbican Estate Security Committee

Bank of England Museum's evening opening

Visitors will have a rare chance to enjoy an after hours tour of the Bank of England Museum, and see part of the nation's gold reserves, when it opens on Friday 18th May under the nationwide Museums at Night campaign. Doors will be open from 5:30pm until 9:00pm, with special events taking place throughout the evening.

Banknote experts will be conducting short presentations giving background information about current Bank of England notes as well as explaining how to use the intricate design and security features to identify genuine notes. They will also be happy to answer any questions from the public.

Gold will also be playing a prominent role during the evening. Visitors can try their hand at lifting a genuine gold bar although, weighing 13kg, it will take many people by surprise! Some of the Bank's bullion experts will be on hand to answer any questions about gold.

All the Museum displays will also be available. Visitors can take the controls of a virtual hot air balloon and attempt to steer it on a stable course to simulate the role of the Bank in keeping inflation steady – not an easy task as recent history has shown. The Museum houses the world's finest collection of Bank of England banknotes alongside items from the Bank's collections of silver, paintings, photographs, coins, books and documents.

Admission and all activities are free, and there's no need to book. For more information visit www.bankofengland.co.uk/museum. Bank of England Museum, Bartholomew Lane, London EC2R 8AH Tel: 0207 601 5545

BARBICAN ASSOCIATION DISCOUNT SCHEME

The Barbican Association has negotiated the following discounts with the suppliers below. You may need to present your BA Membership Card to take advantage of these. The scheme members offer discounts or incentives to Barbican Association members to buy their products or utilise their services and are publicised in each issue of Barbican Life Magazine, on the www.barbicanlife.com website and in the Barbican Association's quarterly newsletter for so doing. Contact Lawrence Williams on 020 7588 0898 – or by email at barbicanlife@gmail.com – for further information.

CURRENT SCHEME MEMBERS

FURNISHING

Alma Home 10% discount on furnishings. View at showroom at 8 Vigo Street, London W1S 3HN, or in Selfridges. See also website www.almahome.co.uk. Contact Tisha Richbell on 020 7377 0762 or by email: tisha.richbell@almahome.co.uk for further details.

Ligne Roset City 10% Discount on any Ligne Roset order placed outside of our Sale or Promotional periods. View a sample of Ligne Roset's extensive range on www.ligne-roset-city.co.uk or in person at 37-39 Commercial Road, London E1 1LF. Tel 0207 426 9670.

MILK Concept Boutique Small furnishings, contemporary hand-crafted lighting, collectable porcelain, fragrances, travel

accessories and exclusive fashion labels can all be found relaxing in comfort amid the whitewash Victoriana and petite elegance of The Clerk's House, beside Shoreditch church. BA Members offered discounts of 5% to 10% on all goods except Fornasetti. 118 1/2 Shoreditch High Street, London E1 6JN, Tel/Fax 0207 7299880

MyDreamKitchen 5% discount. Contact Spiro Nicholas, MyDreamKitchen, 708 Lea Bridge Road, London E10 6AW. Freephone 0800 018 5654. Email: spiro@mydreamkitchen.co.uk. Web: www.mydreamkitchen.co.uk

HEALTH AND BEAUTY

Barbican Acupuncture 10% discount off all prices listed on website to anyone presenting their BA card. 1 Wallside, Barbican, London, EC2Y 8BH.

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**THE RECOGNISED ASSOCIATION REPRESENTING THE INTERESTS OF
BARBICAN RESIDENTS**

2012 MEMBERSHIP FORM

Barbican Address			
Mailing Address	Member type: Leaseholder / Corporation Tenant / Sub-tenant (please delete as appropriate)		
Names	1 2 3 4		
Telephone Nos		Fax	
E Mail			

Membership fee £7 if paying by cheque OR £5 if paying by STANDING ORDER: For addresses outside the Barbican add £3 for UK, £6 for Europe, £9 for rest of world to cover postage.

Membership cards: Membership cards are printed in batches either monthly or bi-monthly depending on the print run required

We would prefer you to pay by standing order. It saves our volunteers much time. Please complete the attached form. Alternatively send a cheque payable to 'Barbican Association' with your address on the back.

Please return this form to

Roger Howorth, Assistant Membership Secretary, 63 Thomas More House, Barbican, London, EC2Y 8BT. E mail: roger@rogerh.com

The Barbican Association keeps a database of the names, addresses, telephone numbers and e mail addresses of Association Members. Information from the database is used by our General Council and Affiliated House Groups for maintaining and increasing membership, distributing our publications, managing and reporting on our finances and accounts, and carrying out other objects of the Association. We also disclose information about our membership to the Corporation of London (including the Barbican Estate Office) in order to maintain their recognition of the Association. By becoming a member of the Association, you consent to the use of your information for these purposes.

STANDING ORDER

To	Bank	Branch Address
	Branch	

Bank	Branch Title	Sorting Code Number
Alliance & Leicester Commercial		72-00-05

For the credit of:

Beneficiary's Name	Account Number *	Quoting Reference
Barbican Association	97028605	

Commencing

Date of first payment	Amount of first payment if different	Amount in figures	Amount in words	Due date and frequency
	£	£		1 January annually

Date of last payment

Until further notice in writing or

and debit my/our account annually

Name of account to be debited	Sort Code	Account Number

This replaces my/our previous standing order for the transfer of

£

to the same account (cross out if not applicable)

Name(s)

Signature

BLOCK CAPITALS PLEASE

Address

Postcode

Signature

Date

BARBICAN ASSOCIATION DISCOUNT SCHEME

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Tel: 020 7638 4322. Email: Gary@BarbicanAcupuncture.com
Website: www.BarbicanAcupuncture.com

Barbican Dental Care 10% on all services including tooth whitening and revolutionary heal/Ozone treatment. Ground Floor, 80-83 Long Lane, London EC1A 9ET. Phone: 020 7600 4147. Contact Nikki Skews

Barbican Dental Practice 10% discount on procedures for BA members on production of their Membership Card. (5% discount for all Barbican residents).
1 Wallside, Barbican. Phone: 020 7638 8200 for appointment.

Bodymotion Chiropractic Clinic 15% discount on presentation of Barbican Association membership card. No. 1 Wallside, Barbican. Phone 020 7374 2272 for appointment. www.body-motion.co.uk

Cissors Palace Hair, nails and beauty salon in the Barbican. 10% off on all hair and beauty treatments (minimum spend £20). Please quote Barbican Life to claim discount. 1, Lauderdale Tower, Barbican. Phone 020 7588 0051 for information or to book an appointment.

City Psychotherapy Psychotherapy and Jungian analysis for adults by UKCP accredited psychotherapist. 10% discount on initial consultation for BA members. Consulting room 2 mins from Barbican tube station. To arrange an appointment please call Catherine Cox on 020 7796 3454 or email ccox@citypsychotherapy.org. For further information please visit www.citypsychotherapy.org

Health in the City

Formerly the Feelgood Centre and now moved to Room 57, 65 London Wall, EC2M 5TU, is offering Barbican Association members a 10% discount on a wide range of Therapies and Treatments which are available from specialist practitioners. For a full listing please check the website: www.feelgoodcentre.com. For booking or further information call 07946 084 848 or email feelgoodcentre@yahoo.com. Web: www.healthinthecity.co.uk

Insight London Counselling and Psychotherapy 20% discount on the initial consultation for BA members. Fees for ongoing sessions are negotiable according to individual circumstances. Individual, couple and family sessions with a Chartered Clinical Psychologist. Consulting rooms in Golders Green, close to the Underground, 25 minutes from Moorgate. On street parking is available. Website. www.insightlondon.co.uk To arrange an appointment contact Marc Hekster 07775 629 432 or email. info@insightlondon.co.uk

Jarrold's Hair and Beauty Unisex Hair Salon and Spa – 5 minutes from Barbican Station. Get 20% off you first visit at Jarrold's Hair and Beauty Salon. Call the salon to book your appointment now or find out more details. 020 7251 6633, 61-67 Old Street, London EC1V 9HW. www.jarroldshairandbeauty.co.uk

LPA Limited Skin rejuvenation service offering dermal fillers, wrinkle reduction injections and medical skin care products. Clinics are held at two locations: Drakes Gym, 1 Pardon Street, Barbican, EC1V 0LR, and Beauty on the Grove Salon, 11 Rhondra Grove, E3 5AP. 20% discount offered to BA membership card holders. For more information telephone 020 7608 1947 or visit www.lpalimited.com

No74 Hair & Beauty London No 74 is delighted to give a introductory 30% discount for the first visit on a single service for all BA Members. Discount 30% off for the first visit, permanent discount 10% off on all hair and beauty services incl. YON-KA massage and facials, Sebastian, Wella & OPI treatments @ No74, 74 Compton Street, EC1V 0BN. www.no-74.co.uk, info@no-74.co.uk, Tel. 020 74 908555, BA card required

Psychotherapy City 10% discount on first four psychotherapy, counselling or coaching sessions to BA members on production of their membership card (5% to all Barbican residents). Practice at London Bridge. Contact: Amanda Falkson. Phone: 0777 557 0208. Email: amanda@psychotherapycity.co.uk. Web: www.psychotherapycity.co.uk

Registered Osteopath- Lucy Bracken 25% discount on the first three appointments 10% discount thereafter to all BA members. Based five minute walk north of the Barbican. Drakes Gym, 1 Pardon Street, EC1Y. Call Lucy on 07712 647 282. or email Lucybracken@mac.com

RESTAURANTS/BAR RESTAURANTS/BARS

Barbican Tandoori 10% off food on presentation of Barbican Association membership card. Eat-in or take away. Delivery service available within the Barbican estate. 55 Aldersgate Street. Tel: 7600 4747 or 7796 4499.

Cafe Below Crypt of St Mary le Bow church, Cheapside. 15% off your evening meal at Café Below on presentation of a Barbican Association membership card. Open Monday – Friday serving suppers from 5.30pm – 10pm. Menu changes daily and can be viewed on our website. "Food this good and at this price is rarer than mermaids' kneecaps!" View London. www.cafebelow.co.uk. 020 7329 0789

Chiswell Street Dining Rooms 20% off total food bill in the evenings Mondays to Fridays. To take advantage of the offer please bring proof of membership. Not applicable with any other offer. To view menu or to reserve a table visit the website www.chiswellstreetdining.com

Fish Central Bustling neighbourhood seafood restaurant serving the well known as well as the more exotic varieties of the freshest fish. 10% off the total bill – restaurant only. 149-155 Central Street, King Square, London, EC1V 8AP. Tel: 0207 2534 970

Hat and Feathers Restaurant 25% off the whole bill. Based on 2 courses per person in the 1st floor dining rooms – excludes special events, not valid with any other offer or in December. The Hat and Feathers is located on the corner of Goswell Road and Clerkenwell Road. www.hatandfeathers.com Phone 020 7490 2244. BA members must produce proof of membership to claim discount.

The Jugged Hare New British Gastro Pub with open kitchen and separate private events space on the corner of Chiswell Street and Silk Street. 20% off the total food bill Monday - Friday dinner and all day on Saturdays and Sundays. 49 Chiswell Street. London EC1Y 4SA. www.thejuggedhare.com

London Wall Bar and Kitchen Museum of London – podium level: A complimentary glass of Prosecco with a main course order. Residents will need to show their BA Card to redeem the offer, one glass per main course ordered, normal licensing laws apply, not valid with any other offer. For reservations call: 020-7600 7340.

Moshi Moshi Serves a range of hot Japanese dishes and sushi using fish that is delivered daily by Chris Bean, a fisherman working off the coast of Cornwall. Moshi Moshi is happy to invite Barbican Association members to a glass of wine and a complimentary platter of sashimi made from our daily 34 Cornwall catch of the day, each and every time they dine with us. Liverpool Street, Unit 24, Liverpool Street Station, London EC2M 7QH (above platform 1, behind M&S). Tel / Fax: 020 7247 3227

Neo 14-17 Carthusian Street, Tel: 0207 726 8925: Special pizza and drink offer for BA members - any Pizza and a glass of house wine or soft drink for £9.95. Neo's pizza dough is made fresh every morning and only quality fresh toppings are used. Special offer applies from Saturday through to Wednesday.

The Passage Cafe French Bistro. 10% off food for Barbican Association members. 12 Jerusalem Passage, EC1V 4JP. Tel: 020 3217 0090. www.thepassagecafe.com

Pho - Vietnamese Cafe/Restaurant 10% discount at all times. 86 St John Street, EC1M 4EH. Tel: 020 7253 7624. Email: info@phocafe.co.uk. Pho is open Monday to Friday from late morning to late evening and on Saturday evenings.

Rucola - Italian Restaurant Limited time offer: New Italian restaurant near St. Paul's Cathedral (see review this issue). 30% discount in the evenings 5.30pm-10.30pm when dining a la carte until 30 May 2012. Rucola Restaurant, 6 Foster Lane, London EC2V 6HH, Tel: 0207 600 7776

Smithfield Bar and Grill 20% discount on food from Monday to Friday, dining at any time, and a 40% discount on food when dining on a Saturday evening. To take advantage of the offer BA members should book ahead and show proof of membership of the BA at the restaurant. The Bar and Grill is open Mondays to Thursdays from noon to midnight, Fridays from noon to 1 am and Saturdays from 6 pm until midnight. Closed on Sundays and Bank Holidays. 2-3 West Smithfield, EC1A 9JX. Tel: 0870 44 22 541, Fax: 0870 44 22 542, Email: smithfield@barandgrill.co.uk. Web: www.barandgrill.co.uk

Smithfield Tandoori (now at new location). A traditional Indian restaurant which delivers consistent, always fresh, quality favourites as we have done for over 10 years in the Farringdon area. Barbican Association members may receive 10% off their total bill. 12 Smithfield Street, London EC1A 9LA. Telephone: 020 7248 4000. Website: www.smithfieldtandoori.co.uk

Tart Restaurant and Bar 20% off all BAR FOOD and COCKTAILS after 4pm Mon-Fri on presentation of Barbican Association Membership card. 117 Charterhouse Street EC1M 6AA. 0207 253 3003

Tas Restaurant Glass of house wine or organic juice per head. Must mention Barbican Association. 37 Farringdon Road. Tel: 020 7430 9721

Vecchio Parioli Friendly Italian restaurant at the corner of Aldersgate Street and Carthusian street offers Barbican Association members a 10% discount on production of their membership card. 129 Aldersgate Street, EC1A 4JQ. Tel: 0207 253 3240.

Vino & Vino Italian wine bar - wine shop - lunch - aperitivo FREE Italian tapas with your wine from 5 pm. 15% off food on presentation of Barbican Association membership card. Open Monday-Friday, 10 am to 9pm. Over 60 carefully selected Italian wine labels to choose from, ham and cheese platters, large bruschettas and salads served daily. www.vinoandvino.co.uk. 16 West Smithfield, EC1A 9HY.

Wood Street Bar and Restaurant Mon to Wed 10% off total bill when sitting down to dine. Maximum of 6 people in a party. The Barbican Association card discount must be mentioned either when booking or when ordering to take advantage. Barbican Association membership card should also be shown to person taking order. Wood Street Bar and Restaurant, Cnr. Wood Street and Fore Street, Barbican, London EC2Y 5EJ. Tel 020 7256 6990.

CLOTHING AND FASHION

Precious Designer fashion in Spitalfields – collections from DVF, Sportmax, Theory, By Malene Birger, Velvet, MIH & Paige Jeans, Shoes, Accessories & Angela Flanders Perfume. Precious is happy to offer Barbican Association members a 10% discount on non sale purchases of fashion, accessories or fragrance on production of their membership card. This offer may not be used in conjunction with any other offers. 16 Artillery Passage, Spitalfields, London E1 7LJ 020 7377 6668 open Tuesday to Friday 11-6.30pm Saturday & Sunday 11 – 5pm. www.precious-london.com

BOOKS, CARDS AND MUSIC

Muse Music and Gift Shop in Barbican Arts Centre foyer Level 0. Books, greetings cards, calendars, CDs, DVD, miscellaneous gifts. Barbican Association members receive 10% discount on many items in stock.

SERVICES

Abracadabra Services 5% discount off regular weekly, fortnightly or monthly cleaning prices and a 10% discount off prices for one-off Spring and end of tenancy cleans. Contact: Abracadabra Services Ltd., 10 Glasshouse Yard, Barbican, London EC1A 4JN or call Allan Lee on 020 7336 7686. Fax: 020 7336 7687. Email: info@abraseve.co.uk. Website: www.abraseve.co.uk

Mail Boxes Etc, Barbican 10% discount to BA members on any Fedex International Priority or UPS Express shipment. Members should show their BA membership cards and discount will be applied at time of purchase on the current Fedex or UPS retail price. Not valid with any other offer and only available at Mail Boxes Etc, Barbican. We are open from 8.30am to 6.30pm Monday - Friday. 128 Aldersgate Street, London, EC1A 4AE. Tel: 0203 3261116, email: info@mbecbarbican.co.uk

Zipcar

National car sharing scheme with a Toyota Prius available in the Barbican itself in Bunyan Court Car Park. Cars available by the hour. Price includes fuel, 60 free miles, congestion charge and insurance. BA members may now join at a reduced rate of only £10 plus a £10 FREE driving credit. To sign up go to www.zipcar.com/barbican

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Newsletter Editor – Maggie Urry.